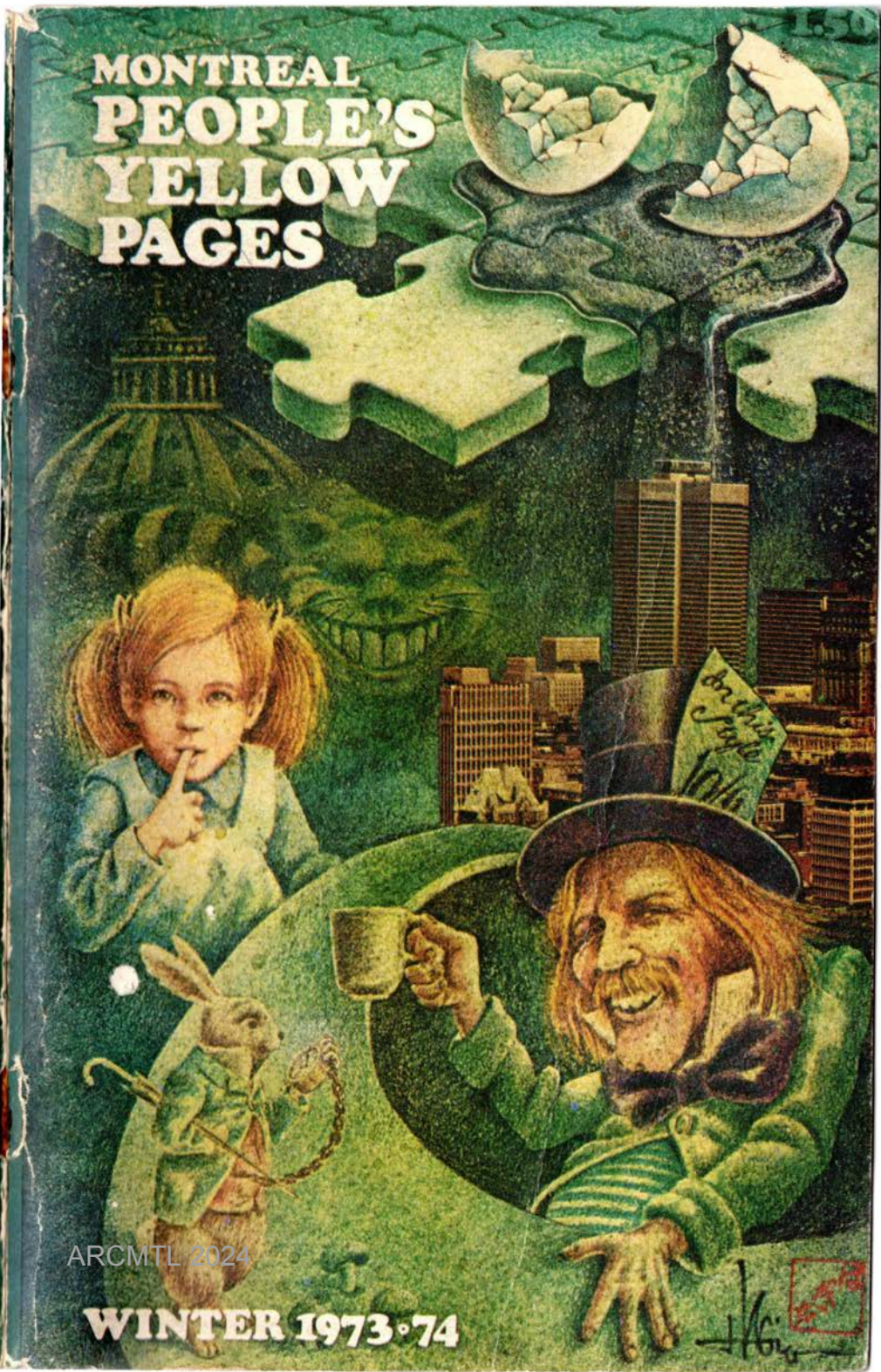
MONTREAL PEOPLE'S YELLOW PAGES



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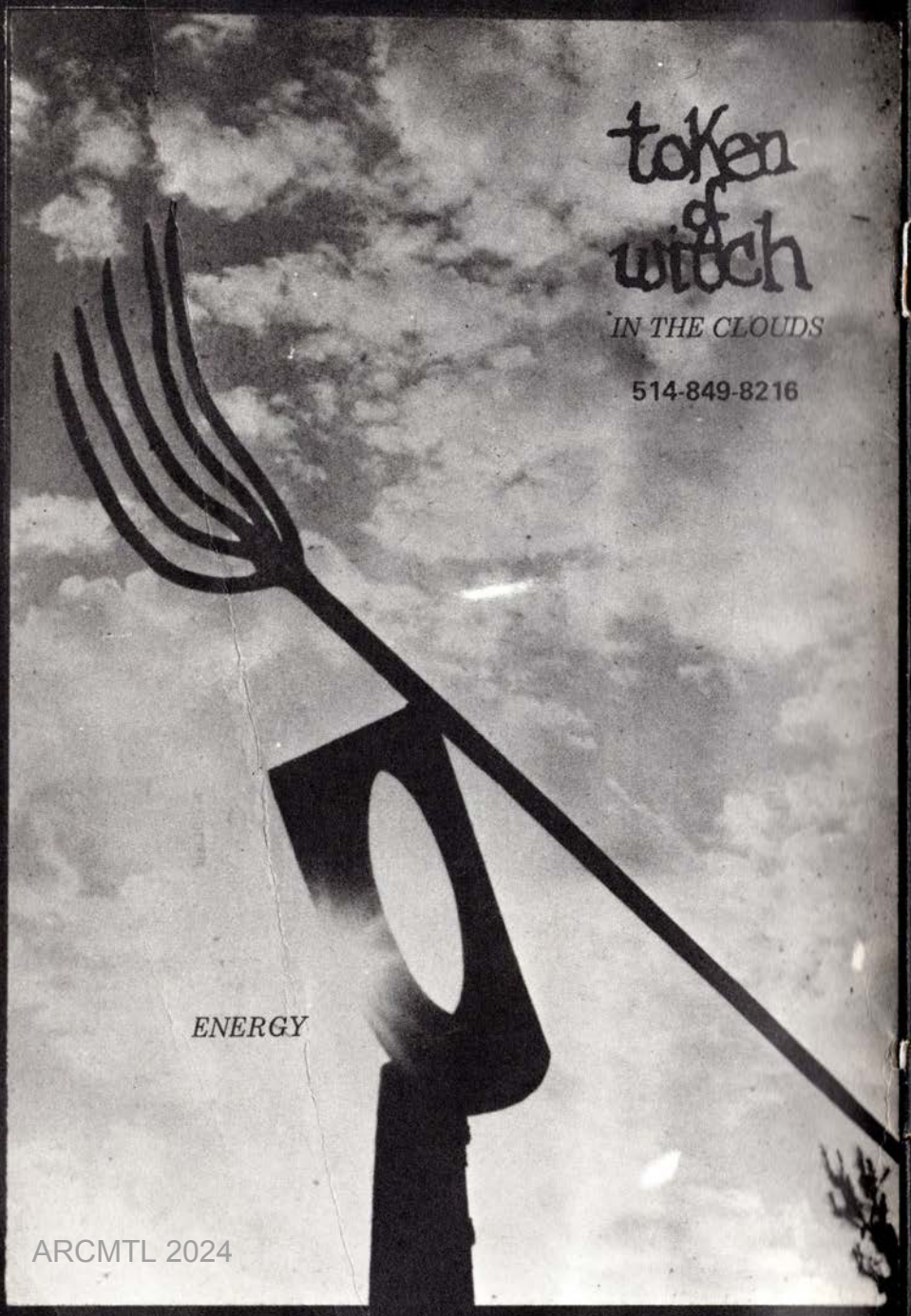
WINTER 1973·74



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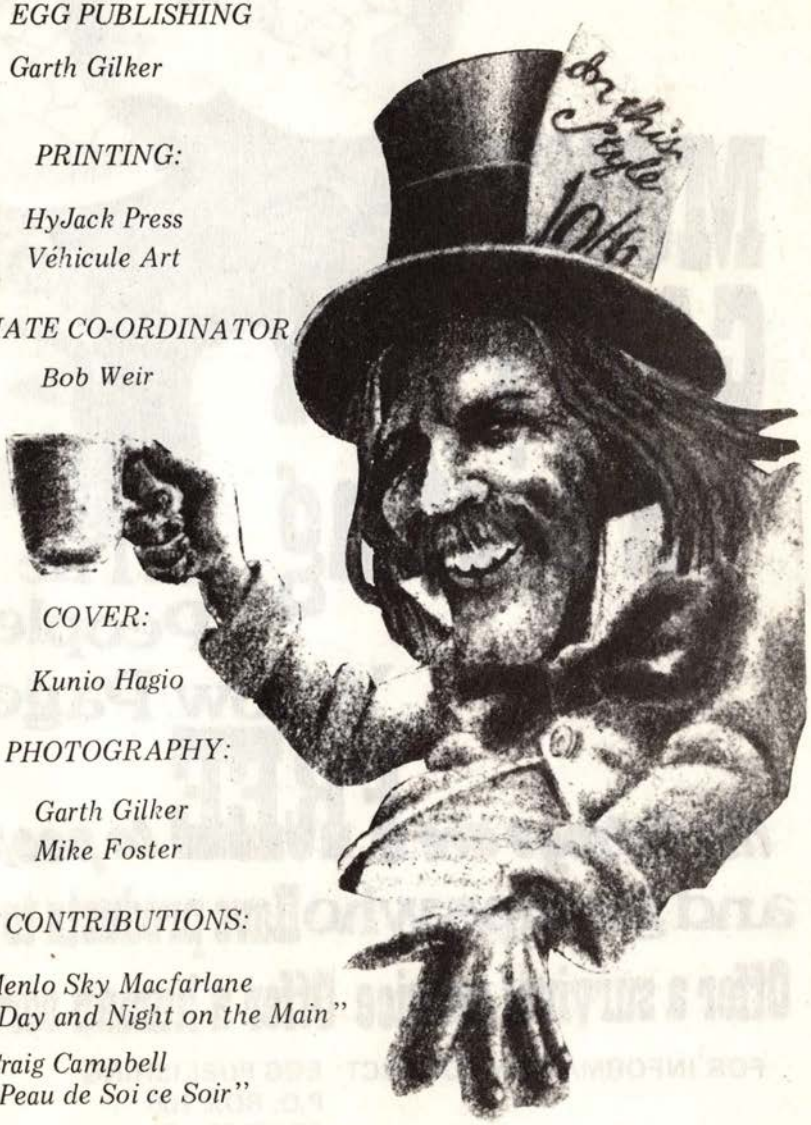

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"Day and Night on the Main"

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Many thanks to Sandy Beebe, Norma White, Dave Vessey and friends.

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MONEY CAN'T BUY A Listing

In The People's Yellow Pages

the listings are **FREE** *to people*

and groups who Have products to sell

Offer a survival service Offer a human service

FOR INFORMATION CONTACT: EGG PUBLISHING
P.O. BOX 100
STATION 'G'
MONTREAL, QUEBEC

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INTRODUCTION

The Montreal People's Yellow Pages - A Part Earth Catalogue - tries to do several things:

First, to provide long or short-term visitors to Montreal with a handy, portable introduction to the city. The maps tell you where you are and the classified listings tell you where to go for everything from economical accommodations, beaches, boutiques and campsites down to high quality restaurants and the friendlier spots featuring live music.

The People's Pages are also designed for Montrealers. So for those who live in and love Montreal, we've put together a composite picture of her many faces. Legal and social aids, fish markets, flea markets, clinics, coffeehouses, museums and media; all are brought together in one small booklet of selected things.

What emerges is a picture of a lifestyle - the lifestyle of those who explore and add to the fund of creative life-energy which a city can represent rather than idly complaining and dreaming about hassle-free life in 'the country'. Here the city is presented as a network of resources and hands-to-help if you'll only ask.

The services listed cannot help but reflect the prejudices of those who compiled the book, but the principle which stood behind these prejudices was very simple. We believe that with a little care you can avoid the more obvious rip-offs of the commercial establishment and discover a community, a growing sub-culture which operates on the basis of cooperation rather than the logistics of power.

Bob Weir

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ERRATA

ANTIQUE SHOPS *page 2*

Architectural Antique Shoppe: 119 St. Pierre 849-3344
Things to cling to

BOOKSHOPS *pages 19 - 20*

418 Books: 4345 St. Dominique 288-2944
Tally-Ho: 764 St. Pierre 842-6393

LIVE MUSIC CLUBS *pages 35 - 39*

L'Amorce: 25 St. Paul East 866-6054
live jazz nightly in 4 channel sterio $1 admission.

FLEA MARKETS: *pages 50, 53*

Stash's Flea Market at 338 Notre Dame East has closed.

DRUGS: *pages 42 - 43*

Sorry! Hashish is now $10.00 per gramme.

THEATRES: *pages 96 - 97*

Playwrights Workshop 329 Rue la Commune 843-4784/843-5143

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GROCERIES: *p. 57*

Alma Grocery corner of de Maisonneuve and Fort 932 - 1985.
Cold beer available till 11 p.m. Monday through Saturday.

TRANSPORTATION:
America for a dime. closed.

LEATHER SHOPS:
Pickle Lake Leather Works has closed.

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Abortion

MEDICARE

MEDICARE: *Covers the cost of an approved therapeutic abortion up until the sixteenth week of pregnancy.*

MONTREAL GENERAL HOSPITAL: *clinic Wed. 8 a.m., 2nd floor. (937-6011)*

REDDY MEMORIAL: *(933-7511)*

JEWISH GENERAL HOSPITAL: *(difficult to get an appointment) (342-3111)*

MONTREAL CHILDRENS' HOSPITAL: *(17 and under) (937-8511)*

NEW YORK STATE: *contact Centre Féminin at 2055 St. Mathieu st., Suite 1807. (932-8331). N.Y. Hospitals do legal therapeutic abortions until the twenty-fourth (24th) week of pregnancy. As an agency of Controlled Parenthood (non-profit abortion referral service) they will make an appointment for you with a New York clinic, upon your telephone request.*

INFORMATION:

WOMEN'S COUNSELLING SERVICE: *4816 Park Ave. (277-8172)*

WOMEN'S INFORMATION & REFERRAL CENTER: *3595 St. Urbain (842-4781)*

ABORTION COUNSELLING: *(French) (823-3260)*

YWCA: *(866-9941) Local 44.*

ABORTION COUNSELLING: *noon until 8 p.m. except Thursday and Saturday. (844-4247)*

MONTREAL WOMEN'S HELP ORGANIZATION: *9 a.m. – 5 p.m. 3465 Côte des Neiges. (935-2517)*

ORT: A) *5165 Sherbrooke, Room 208, 9 – 5 p.m. (481-2787)*
B) *293 Villeneuve W. (corner of Park ave. (274-6483)*

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Amusement Parks

BELMONT PARK: *12530 Rivoli (334-6212). Opens on April 29th, and closes on Labor day. Admission: children —(16 and under) 15 cents; adults — 30 cents. Transportation: métro to Henri-Bourassa, then transfer to bus no. 69 going west, to the end of the line.*

LA RONDE: **"Man and His World"** *Opens May 13th and closes Sept. 4. Somewhat expensive. Transportation: métro to Papineau, transfer to bus no. 169 or take métro to Ile Ste. Hélène. (872-6222)*

Animal Clinics

S.P.C.A.: *Diagnosis only. Free (735-2711)*
5215 Jean Talon West
2202 St. Antoine West (th. 3-4:30)
3880 St. Catherine East (Tues. 2:30 - 4)

ANIMAL SHELTER: *(737-3866)*

Antiques

OBSESSION: *1431 Mackay (845-1503)*
Art Nouveau, Art Deco collectibles.

MARTIN ANTIQUES: *1757 Notre Dame West (932-6213)*

HERBERT'S ANTIQUE SHOP: *58 Pine Avenue East*

NAPOLEON ANTIQUES: *1535 Notre-Dame West (932-6844)*

ANTIQUE ATTIC: *2109 Bleury (843-4944)*

L'ATELIER: *515 Bonsecours (844-0360)*

LA CHASSE: *1599 St. Denis (845-3833)*

Most of the reasonably priced shops for antiques are found between 1500 and 1800 Notre-Dame West.

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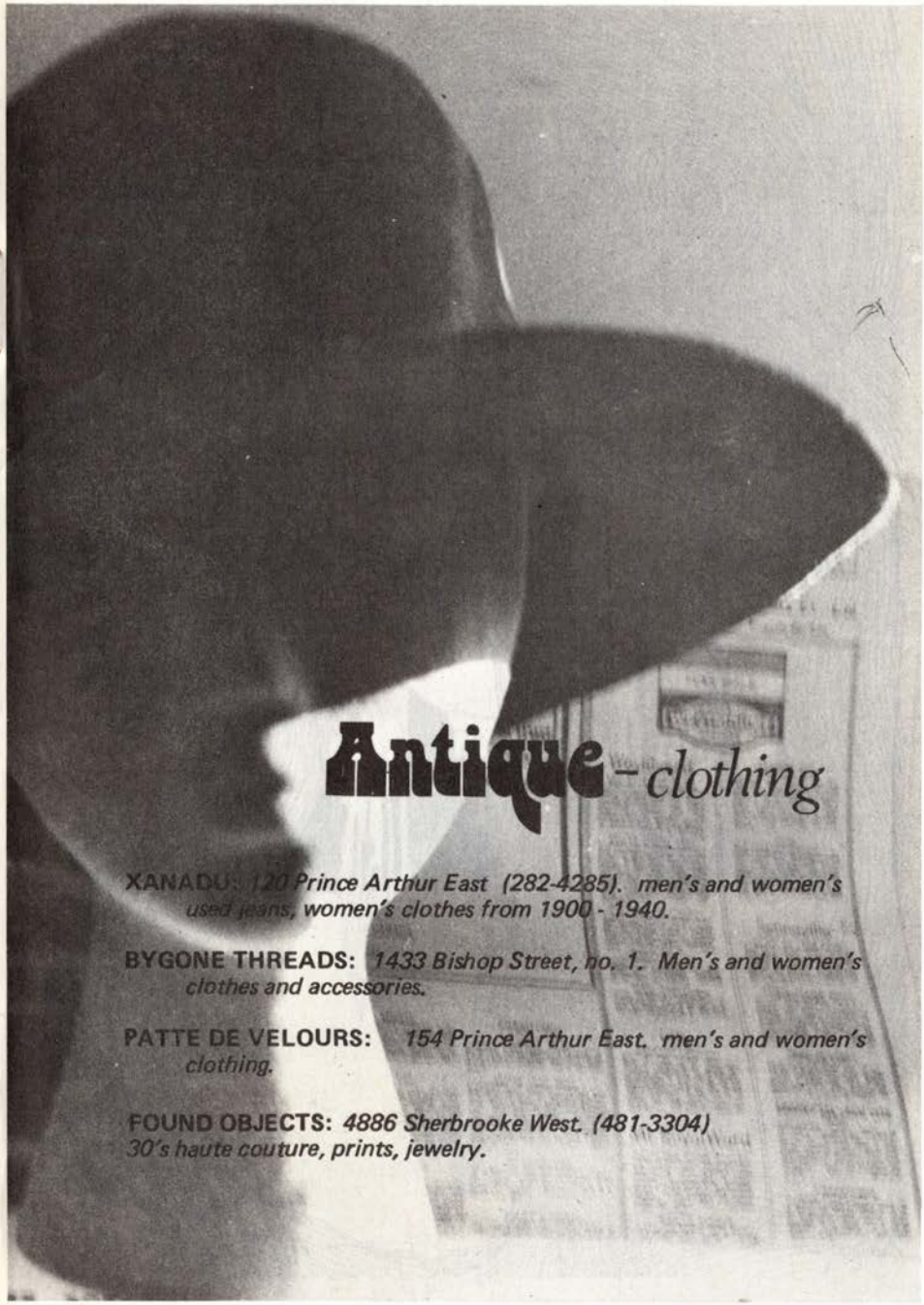
Antique - clothing
XANADU: 120 Prince Arthur East (282-4285). men's and women's used jeans, women's clothes from 1900 - 1940.
BYGONE THREADS: 1433 Bishop Street, no. 1. Men's and women's clothes and accessories.
PATTE DE VELOURS: 154 Prince Arthur East. men's and women's clothing.
FOUND OBJECTS: 4886 Sherbrooke West. (481-3304)
30's haute couture, prints, jewelry.

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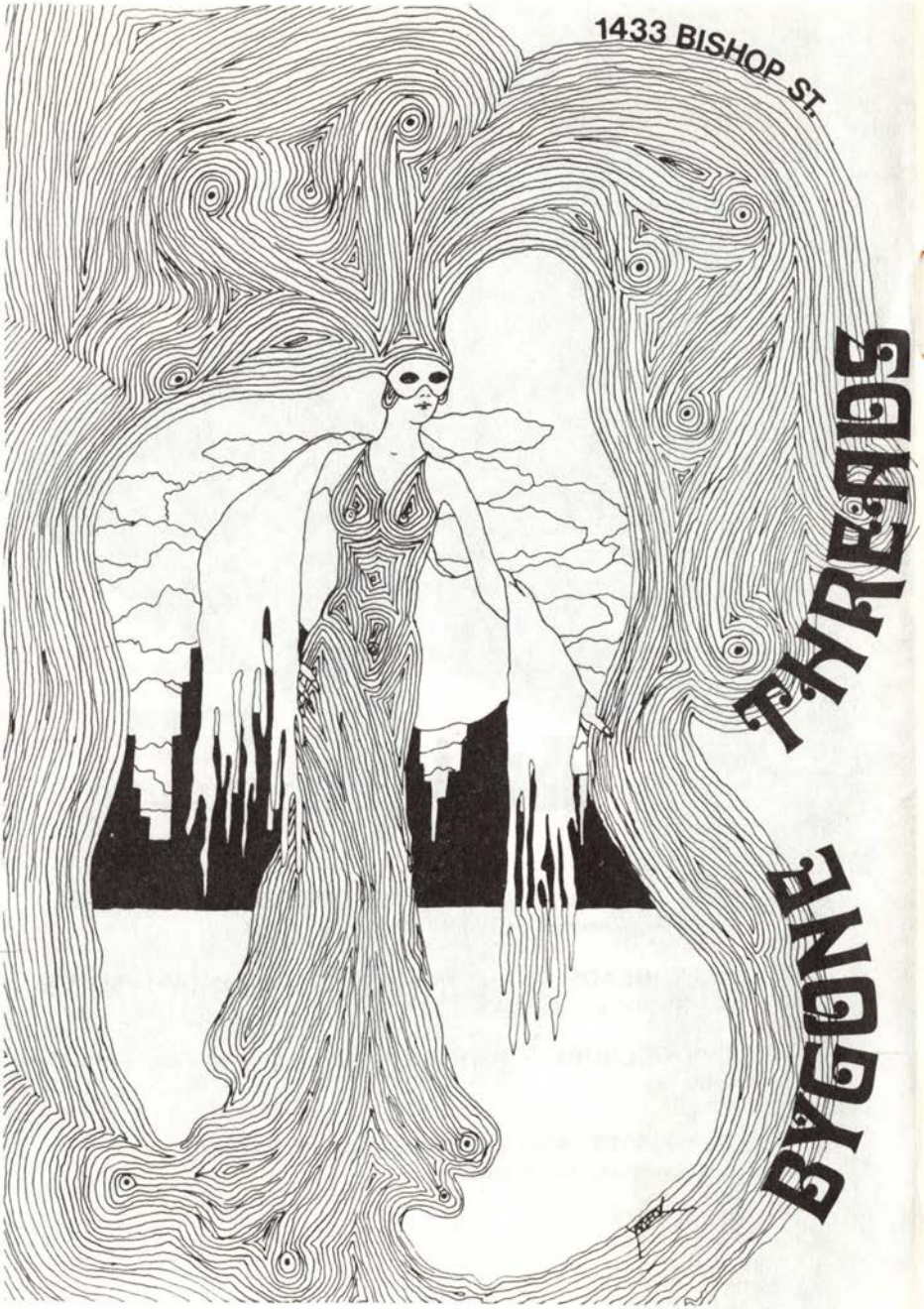

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Appartments

DOWN CENTRE

size: 2.5 - 3.5 rooms
rate: $110. - $150. heated, stove & fridge usually included
condition: good

N.D.G.

size: 5.5 - 6.5 rooms
rate: $100. - $130. many heated, stove & fridge usually included
condition: good - excellent
about 20 minutes bus to city centre

VILLAGE ST-LOUIS

size: 4.5 - 7.5 rooms
rate: $100. or less, unheated, no stove or fridge
condition: not so good; need paint & repair
about 10 minutes from city centre

MONT ROYAL WEST

Area extending north from Mt-Royal St. in and around Boul St-Joseph and Park
size: 5 - 8 rooms
rate: $100. or less, unheated, no stove or fridge
$100. - $150. heated, sometimes a stove and/or fridge
condition: fair - very good
about 20 minutes from city centre

MONT ROYAL EAST

Area extending north from Mt-Royal St. in and around St-Laurent and St-Denis
size: 4 - 7 rooms
rate: $100. or less, unheated, no stove or fridge
condition: similar to Village St-Louis
about 25 minutes from city centre

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OUTREMONT

size: 4 - 8 rooms
rate: $125. and up and up, sometimes there are very good finds
condition: good - excellent

about 25 minutes from city centre

LOWER WESTMOUNT

Selby - Greene, Dawson campus area

size: 5 - 8 rooms
rate: $100. or more, sometimes heated sometimes a stove and/or fridge
condition: fair - quite good

If you're seeking permanent accomadations, the Wednesday edition of most of the city's newspapers and the weekend edition, list apartments and flats to let. Riding around on a bicycle or walking up and down the streets in the area you might like is almost alsays successful as many landlords simply advertise by a sign on the house. Also try these 'housing registries':

INFO-LOGE: *3480 McTavish (392-8927)*

LA BANQUE DE LOGEMENT: *University of Québec (876-5868)*

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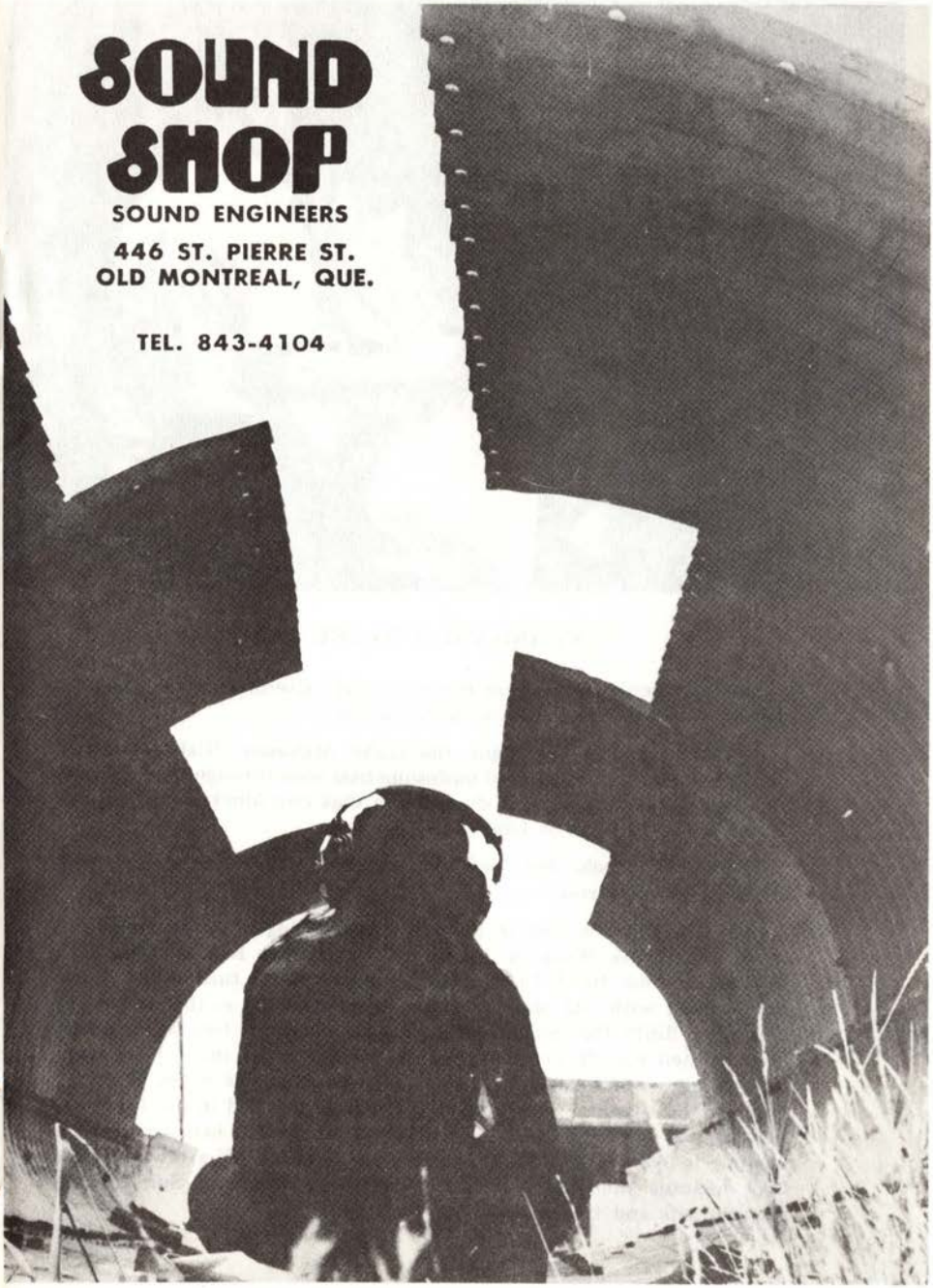
SOUND SHOP

SOUND ENGINEERS

446 ST. PIERRE ST.
OLD MONTREAL, QUE.

TEL. 843-4104



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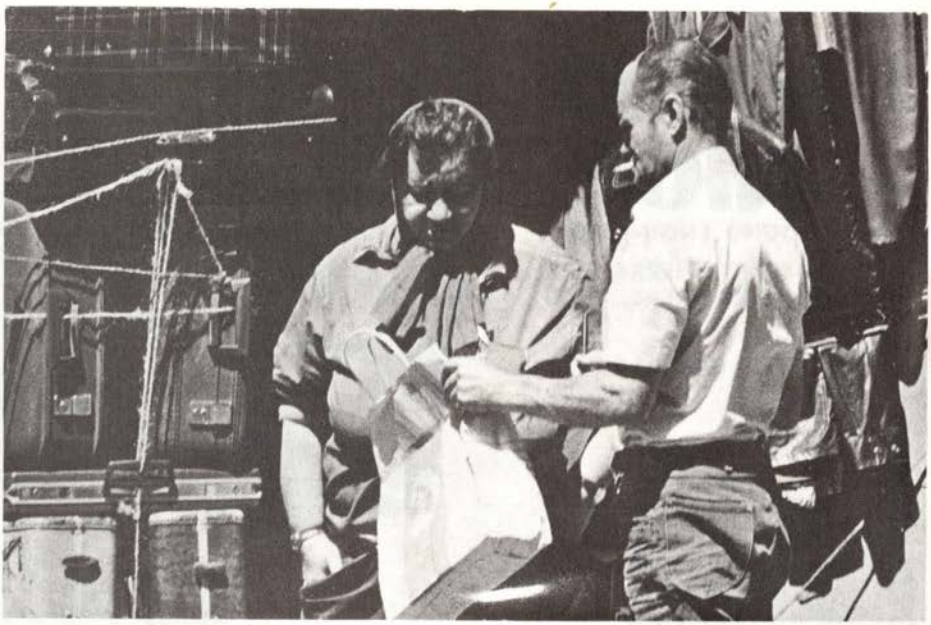

DAY AND NIGHT ON THE MAIN

sunday, french canada on the move day, aftermath mass, mass migration from montreal into country villages —

sunday night on the main, the clubs; Saguenay, Rialto, Midway, Capitol, Lodeo . . . lubricated burlesque best seen through beer glasses— any number of acts in wet dives down that two block slide from Ste Catherine to Vitre on St Lawrence

kidney ails, hails, beer and ales, vaudeville shows down on resurrection row, skid row

Zee Rex and Zee Rex Jr, country western singers at the Lodeo sets in, sits in; Hank Williams, Charley Pride "Don't Bug Me Hug Me", "Set Back Meat Hook In De Eye", country west's turn at the Lodeo interspersed with Big Momma Horn Form punchin at the ivories and bellowing Edith Piaf melodies that make your spine feel like a garden hose hoisted up off summer grass, warm and moist, make your vertebrae chant, your heart break loose in passion babble when Momma's pumpin the organ — all the time a cigarette perched in her lip crease beating out the rhythm . . . still there like some invisible force is keeping it from falling in her lap, and she'll knock off a few numbers, easy melodic maneuvers between Zee Rex, Rex and Son country western sets and the 'spectac'

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the 'spectac' wi..t they call it down here on the main means plainly enough the lead act, principle show and tonight at the Lodeo between auxilliary acts, Pierre the Worm assisted by his wife Chardell will begin by standing on his head atop a beachball centre stage, playing the cornet while severing his body in two (which gives him coda for 'worm') then the two halves — one tongue to torso bleats out dixie jazz on the horn, while the other half right side up tap dances and somersaults on the adjacent plateau; meanwhile Chardell in lean white flesh glamour stammers about the stage taunting our attention into any available space left vacant by her husband who by this time occupies most of the performing arena in a constant severing of himself, of himself, of himself 'til tiny worm-like pieces of kicking flesh are finally sieved through the cracks in the stage, thousands of them looking like styrofoam packing crate coillys and no fancy china or brand new westinghouse kitchen units to be seen

down the block south same side street . . . . the Saguenay. Previn'll tell you (83 year old grinning prune prude homosexual whose parade grounds include this string of dives along St Lawrence, Chinatown, and an occasional jaunt uptown or down to the old city) . . "the Saguenay's gotta spectac but the real spectac is the patrons".

inside, the best dancers in town, gay couples of different genders and a few straights but it's the fags in couples shivvying across the floor in perfect step, perfect time, not the loose bump 'n' grind disco scene but smooth harmonious movements like prescribed positions, mating gestures, mastered before-hand in NDG flats to crank tangos, big band swing archives . . . . . later to be performed flawless for the queen hierarchy hive drone — the Saguenay

tangos, mambos, sequence trot fox waltz, fur on flesh bugger jive and even an occasional frontal lip 'n' lap body jousting where two fellows put to motion a dance ritual in choreography form, a cavity trot using one another like fur laced fire poles

any number of places on the main; Saguenay, Rialto, Lodeo, Midway Tavern, Capitol, Peter's Panhellion. I remember at 1.15 on a new monday, after coming out of a three feature mickey at the Crystal (a flop movie house just below Ste Catherine near the Eve — another flick yard but porno this time) — on any one of seven days for seventy-five cents or a buck you can catch three full-length features and a number of creatures depending on the day's attendance

in fact, this day, after four and fifteen in the Crystal (which means I came in at nine in the morning, heard the projector wheels warm up and the seats smile, downed a mickey of scotch, let three features fall on me and split the theatre by half one to cop a cold beer in the

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Rialto) — sitting at my table, the place still vibrating hollow, empty, but still moving invisible with the sound light spectacle of the previous night

the waitress, big blond buxom bosom slinging beer and humming some tune off the juke box comes, brings my beer — pay her — she unloads a couple more, then without intro, climbs onto the stage, feeds the music box a quarter and proceeds to do a striptease down to coitus fly and pastees . . . for who, who's watching, me, a couple winos, a guy in on lunch break

—hunger—tummy monger food trippers with but pennies 'n' silver to spare can stretch their stomachs at a myriad of steamy joints that only close for the dawning hours — my favourite is Silver Amusements where you can oral pocket for near half a dollar a steamed hot dog, burger and frites — then hump the armory arcade of game machines with loose change or just cruise the barricade of wrestler photos that lean off the walls above the mirrors opposite the wiener pits

the bars, taverns, tattoo parlour, the sister cinema yards (Eve and Crystal), the night clubs, pool halls and steamie pits are only part of the main's charisma — the rest — well, it's like Previn says about the Saguenay "the people are the show" — freak performance, you don't catch it, it catches you and it ain't always that entertaining either down on the main.

MENLO SKY MACFARLANE

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Areas

STREETS OF INTEREST

DOWN CENTER: *McKay, Bishop, Crescent, Mountain, Stanley, between Dorchester and Sherbrooke Streets. Heavy concentration of boutiques, pubs, restaurants, coffee houses and droves of people just floating around.*

STE' CATHERINE STREET: *Montréal's main retail thoroughfare, with all the major department stores.*

CARRE ST. LOUIS, ST. DENIS STREET: *(Just above Sherbrooke) The center of Montréal's "village". Prince Arthur Street winds east from the McGill Campus to the park through Village Carré St. Louis.*

ST. DENIS STREET (below Sherbrooke): *Very much like the Crescent Street area though with a more distinctly french atmosphere.*

ST' LAWRENCE BLVD.: *Montréal's ethnic area. It is by far the most economical and interesting for marketing and a fascinating environment through which to stroll and window shop.*

LOWER ST. LAWRENCE BLVD.: *"The Main"... freaky bars, steamed hot-dogs parlours, porno flics, the tattoo parlours, amusement arcades. See page for a short story starring "The Main", by Menlo Skye Macfarlane.*

PLACE JACQUES CARTIER: *A gathering place for people on warm summer afternoons and evenings, it also has its share of clubs, restaurants and flower stands.*

RUE SAINT PAUL: *The first street in Old Montréal, it is a narrow cobbled street with lanterns and snug stone buildings, small boutiques and restaurants.*

MOUNT ROYAL PARK: *A touch of pure country in the gritty city.*

Art Galleries

ART CO-OP GALLERY: *2054 Stanley Street. A non-profit art gallery and shop for art supplies.*

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l'ATELIER d'ART: *278 Sherbrooke West (845-6443)*

CENTAUR GALLERY: *453 St-François Xavier (288-1229)*
Photography

FLAMING APRON: *5108 Sherbrooke West (481-7133)*
Women's crafts

GALERIE III: *Place Bonaventure: St-Antoine & University entrance. Contemporary art. (866-8873)*

GALLERY 90/40: *1431 MacKay St (845-1503)*
Art nouveau and art deco graphics

GALERIE LIBRE: *2100 Crescent (288-6080)*

GALERIE DU SOLEIL: *430 Bonsecours (866-9019)*

la CHASSE GALERIE: *1599 St-Denis (845-3833)*

la GALERIE ESPACE: *1237 Sanguinet (866-8126)*

LIPPEL GALLERY: *2159 MacKay St (842-6369)*

MOOS GALERIE: *1430 Sherbrooke West (842-2747)*

NOSTALGIA FACTORY: *2022 Peel St (482-4781)*

SIR GEORGE WILLIAMS UNIVERSITY –
WEISSMAN GALERIE: *1455 de Maisonneuve (879-4349)*

VEHICULE: *61 Ste-Catherine West (844-9623)*
Montréal's largest community cooperative art gallery

WADDINGTON GALLERIES: *1456 Sherbrooke West (844-5455)*

Art Supplies

ART CO-OP GALLERY: *2054 Stanley St*
closes 8 PM

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ART-TEC: *269 Sherbrooke West (288-9892)*
closes 6 PM

CROWLEY'S: *1396 Sherbrooke West (842-4412)*
closes 5.30 PM

FISHER, CORBEIL & HOOK: *1218 Drummond (866-7867)*
closes 5 PM

NOUVEAUTES EDUCATIVES: *2001 St-Denis (844-1922)*

GEMST: *5380 Sherbrooke West (488-5104)*
Batik supplies, french dyes, framing

FRAME & GALLERY LTD: *4600 St-Lawrence Blvd (844-4772)*
Cheapest framer in town! Call Mr. Martin for all information

CANDLE WAX:

ESSO REFINERY: *3400 St-Patrick (861-4251)*
near Atwater Market

CLAY SUPPLIES

POTTERY BONSECOURS: *431 Notre Dame East (844-6253)*

METAL SUPPLIES: **(silver, gold, wire)**

LUMAT: *637 Craig St West Mtl 101*

CANADIAN REFINERY: *1426 Clark (845-3279)*

PHOTOGRAPHIC SUPPLIES:

N.D.G. PHOTOGRAPHY: *1197 Phillips Square (866-8761)*

JAY PHOTO LAB: *614 la Gauchetière West (866-5181)*

GLASS BLOWING SUPPLIES:

FISHER SCIENTIFIC: *8505 Devonshire (735-2621)*

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PLEXIGLASS:

HICKEY PLASTICS: *700 DuGolfe, Nun's Island (769-8545)*

STYRAFOAM PELLETS:

ZODIAC ENTERPRISES: *(488-1380)*
for bean chairs

LEATHER SUPPLIES:

TANDY'S: *1224 Drummond St (866-5144)*

HECTOR LAMONTAGNE: *92 St-Paul West (861-5547)*

UNIVERSAL LEATHER: *1435 St. Alexandre (843-5642)*
for bulk supplies

DUCLOS: *386 Lemoyne (849-4697)*

WEAVING SUPPLIES:

CHARLES BILLARD: *1579 St-Denis (288-7960)*

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Art Workshops

INNER-CITY RECREATION PROJECT: *3553 St-Urbain (842-8836 local 28) The Settlement House offers courses in weaving, jewelry, leather, print-making, poster-making, tie-dye, knitting and crocheting. These are all free.*

DAWSON COLLEGE: **Viger Campus** *(849-2351)*
Selby Campus *(931-8731)*
Mosaic programmes and handicrafts

I'ATELIER AU CARRE: *3738 St-Dominique (842-3393)*
Children's art facilities and instruction. Ages 8-14
Music, dance, photography, pottery, painting

CENTRE CREATIF L'ELAN: *356 Berri.*
" To put creation and energy in the service of beauty. Outlet for painting and handicrafts. Come to discuss all projects for instruction or help in organisation."

PLAYWRIGHT'S WORKSHOP: *410 St-Pierre (843-4784)*

COMMUNITY ARTS STUDIO: *1585 St-Lawrence (872-4530)*
Free admission...donation, if you wish

THE FLAMING APRON: *5108 Sherbrooke West (481-7133)*
Women's art co-op

MONTREAL MUSIC WORKSHOP: *2574 Fleury East (872-4819)*
Session all summer. Theory - Mon & Wed
Recording - Tues & Thurs

NATIONAL BLACK COALITION RESEARCH INSTITUTE:
1610 Sherbrooke West Room 12A (931-2579)

Artisants

In summer the places to go are the corner of McGill College St. and St. Catherine; St. Amable Street in Old Montréal (off Jacques Cartier Square) and Stash's Flea Market at 338 Notre Dame East.

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ATELIER: *859 Ontario East. (524-4351) Leather/artisanat/musique.*

ARTISANAT 312: *312 St. Paul West. (525-1232) Candles & kites.*

L'ATELIER DE PRAGUE: *383 St. Paul East (861-4020) Ceramics, candles, objets d'art.*

LES ARTISANS DU MEUBLE QUEBECOIS: *88 St. Paul East. (866-1836). Custom made furniture.*

L'ATELIER D'ART: *278 Sherbrooke West (845-6443). Jewelery making.*

BOUTIQUE SOLEIL: *430 Bonsecours (866-9019)*

DETOUR: *37 St. Paul East. Jewellery, pottery, candles and hand-made clothing.*

LA CHASSE GALERIE: *1599 St. Denis. (845-3833)*

THE CANADIAN GUILD OF CRAFTS: *2025 Peel Street. (849-2379)*

THE FLAMING APRON: *5108 Sherbrooke West (481-7133). A womens' craft cooperative.*

LA TROISIEME MAIN: *486 Ste. Catherine St. West (861-6914) Copper enamelling, embroidery, candles.*

LA SOUDURE: *Le Viaduc Place Bonaventure (866-7268) Québec handicrafts: mobiles, silkscreens, copper wire sculpture.*

THE QUÉBEC HANDICRAFT CENTER: *1450 St. Denis (849-9415)*

THE WIZARD: *486 St. Catherine Street West (861-6914) Gold and silver jewellry.*

See also, "Leather Shops"

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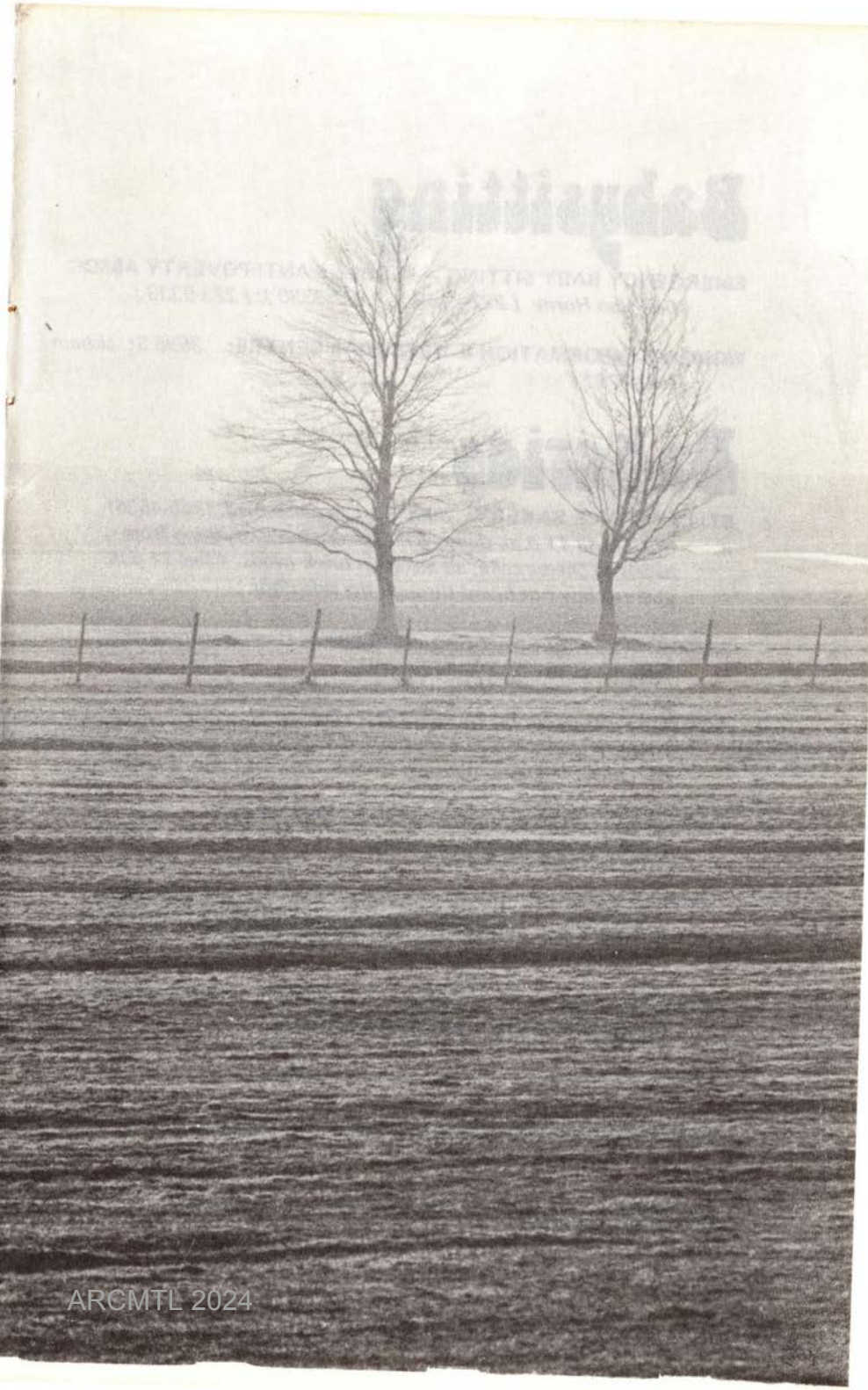

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Babysitting

EMERGENCY BABY SITTING – PEOPLE'S ANTI-POVERTY ASSOC. *1047 Van Horne (277-7169); (277-3330); (273-9333)*

WOMEN'S INFORMATION & REFERRAL CENTRE: *3595 St. Urbain (842-4781)*

Bakeries

ST. LAWRENCE BAKERY: *3830 St. Lawrence Blvd. (845-4536) Open until 11 p.m. daily. This bakery has everything from bagels to cheese cake, all baked in brick ovens After 11 p.m. you can buy hot bread through the side door.*

SAMOS: *26 Roy Street East. (845-8833) Open usually until 10 p.m. Greek bread and pastry.*

CANTOR: *Alexis Nihon Plaza. (931-1517) 1665 de Maisonneuve West (935-6262) All Cantor bakeries are open from 8 a.m. – 11 p.m. 7 days.*

LEVINE'S: *3670 St. Lawrence Blvd. (845-1634) Open 7 a.m. until 10 p.m. daily.*

CHINESE BAKERY "FONG WONG": *1057 St. Lawrence Blvd. (866-8229). You can buy such delights as Moon cakes, sweet melon cakes and sesame candies. Open until 8 p.m. daily.*

PELOPONISSOS: *152 Napoléon (845-6765). Greek bread and a variety of pastries. Open 24 hours a day.*

BAGEL FACTORY: *263 St. Viateur (276-8044).*

VAN HORNE BAGEL BAKERY: *4655 and 4777 Van Horne. (731-7567)*

BOYMAN'S BAKERY: *4874 St. Lawrence (845-5713)*

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Baths

BOTH MEN'S AND WOMEN'S PUBLIC SHOWER FACILITIES ARE AVAILABLE AT THE CNR STATION FOR 50 CENTS.

Beaches

OKA: *"Sauvé Park": bus no. 4 from Henri Bourassa métro station. $1.10 one way. At Oka there is also a monastary which makes the world famous Oka cheese.*

ILE BIZARD: *Take bus going to Ste-Geneviève from the Henri Bourassa métro station. This costs .80 one way.*

PARC COTE ST' CATHERINE: *Drive along route 9C, the south shore to the town of Cote St. Catherine.*

PLATTSBURGH BEACH: *Routes 15 and 87. This is a one hour trip from Montréal.*

VENISE QUEBEC - MISSIQUOI BAY - LAKE CHAMPLAIN

Route 15 to Lacolle Exit, then route 52 East

Bicycles — *RENTAL & REPAIRS*

PEEL CYCLE AND SPORTS: *1398 Sherbrooke West (843-7050) $5 for the first day, $3 for the second day, $1.50 for each additional day.*

LANGLOIS ALBERT: *7794 St. André (277-3898) 10 speed - $5.00 a day; 3 speed - $3.00 a day.*

HAMEL BICYCLE: *619 Atwater (933-3276)*

LAPORTE: *4484 de Bullion (842-0484)*

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Bookshops

ACADEMIC: *2125 Drummond (843-5711)*

CLASSICS:
1430 St. Catherine West (866-8276)
1327 St. Catherine West (844-1721)
Westmount Square (931-8501)
Place Ville Marie (866-1323)
Alexis Nihon Plaza - métro level (933-4336)
Alexis Nihon Plaza - rez ce chausée (933-1806)
Place Bonaventure (861-4037)

HO CHI MINH: *131 Prince Arthur East (843-6061)*
Chinese communist publications and posters.

LIBRAIRIE ENCYCLOPEDIQUE: *1635 St. Denis (845-0911)*

LIBRAIRIE QUEBECOISE: *1567 St. Denis (842-3604)*

MANSFIELD BOOKMART: *2065 Mansfield (845-1872)*
New and used books. Also antique books. A book search service.

SIR GEORGE WILLIAMS UNIVERSITY BOOKSTORE:
1455 de Maisonneuve (879-2855)

MCGILL UNIVERSITY BOOKSTORE: *In the McGill Student Union Building on McTavish street above Sherbrooke St. West. (392-4747)*

W.H. SMITH & SON: *Central Station (861-5567)*
1004 St. Catherine St. West (866-8771)

CARON BOOKSTORE: *701 Place d'Armes (842-7464)*
New and used books.

THE BOOK NOOK: *722 Nôtre Dame West (849-1970)*
New and used books.

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TALLY-HO: *738 Nôtre Dame West (861-4136)*

RODICKS: *1484 St. Catherine St. West (935-9042)*
New and used books.

CHEAP THRILLS: *1433 Bishop Street (844-7604)*
Buys and sells used books, comix and records.

418 BOOKS: *2040 MacKay (933-8774) Mysticism and occult literature and posters.*

THE MOVING FINGER BOOK GALLERY: *24 Prince Arthur West (842-6971). Used books, 25 cents and up.*

L'EZOTERIK: *(mainly french) A library of Galleric books in the vein of mysticism, orientalism, hermetism and the occult. A good selection of Tarot cards. 1707 St. Denis.*

INFORMATION CANADA BOOKSTORE: *640 St. Catherine St. West*
Maps, government publications, statistics etc.

ELLIOT DUNCAN BOOKSELLERS: *1381 St. Catherine St. West (849-3201)*

COVER TO COVER: *2050 Stanley Street (843-8221)*
Occult Literature. A comfortable reading room run by knowledgeable people who will be happy to order obscure texts for you.

THE O PTI ZOIZO BOOKSHOP: *1596 Blvd. St. Lawrence (845-2824)*
Ecological and spiritual publications.

ANDROGYNY'S: *1225a Crescent Street (866-2131) Feminist and Gay Bookstore... non-sexist children's books, too*

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Brasseries

MONTREAL'S BRASSERIES ARE MIXED, SERVE ONLY BEER AND CLOSE AT MIDNIGHT. MOST HAVE REASONABLY PRICED FOOD.

BRASSERIE DES FORTIFICATIONS: *262 St. Paul East (861-7507)*

BRASSERIE DE LA PLACE: *407 Place Jacques Cartier (861-7558)*
A beautifully pine-furnished downstairs.

BRASSERIE DES NATIONS: *1244 Peel Street (861-0058)*

BRASSERIE 3 ACES: *2081 Aylmer (845-2773)*

Camping Grounds

ALL CAMP SITES LISTED ARE WITHIN 35 MILES OF MONTREAL EXCEPT MONT ORFORD, MONT TREMBLANT AND ST. BENOIT ABBE, WHICH STANDS ABOUT 80 MILES AWAY. GOOD WEEK-END OUTINGS.

GOVERNMENT OF QUEBEC INFORMATION: *1 Place Ville Marie, Camping Québec — a book which is available free of charge.*

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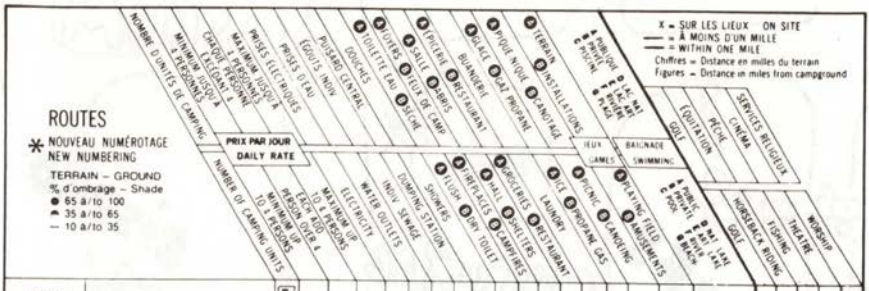

ROUTE	*	LOCALITÉ – LOCALITY CAMPING																								
via 1		**Chambly** Baie Chambly	97	3.00	0.50	4.00	82	78	58		2	A			AB	X	A	AB	AB	BCFG	–		X	2	1
via 1		**Rougemont**																								
1	229	Domaine du Chevreuil	42	2.50		3.00	42	42	18		1	A			A				AB	BC				6	X
		La Petite Bourgade	20	2.00	0.50	3.50	20			X	2	A			AB	X				BC				3	–
via 1		**Magog (Canton Orford)** ● PARC DU MONT-ORFORD	308	3.00		4.00	54	54	54	X	30	A	B	A	AB	X	A	AB	AB	ADG	5	6		6	X
via 1		**Orford Canton** Aux Deux Ruisseaux	12	3.00		3.00					1	A	B	A			A	A		BF	1	1	3	1	3
2		**Coteau-Landing** Coteau-Landing	144	4.00		4.00	144	144	144		6	A	B							AEG	2	7		4	1
		Coteau-du-Lac																								
2		● Koa Montreal West	79	5.25	0.25	5.75	65	65	25	X	6	A	AB	A	A	X	AB		AB	BC	5	2	2	5	1
2		Parc Seigneurie Soulanges	200	3.50	0.25	4.00	134	98	98		10	A			AB	X	AB	B		BCF	4	3	X	5	X
		Pointe-des-Cascades																								
2		Pointe-des-Cascades	144	4.00		4.00	144	144	144		6	A	B						AB	ADG	15	5		5	1
		Vaudreuil																								
2		Riverview & Trailer Park	34	2.50		3.50	24	24		X	3	A					A	B		AFG	2	6	X	5	2
2		Vaudreuil	30	2.00		3.00	30	20	20	X	2	A	A			X	AB	B		BDFG		3	X	3	X
3		**Brossard** Riverside Trailer Pk.	24	4.00		4.00	24	24	24	X	2	A					A	B	AB		2	4	X	4	2
		Verchères																								
3		Verchères	144	4.00		4.00	144	140	90		4	A	A		AB	X	A	B	AB	BCF		2	X	X	X
		Caughnawaga																								
via 4		Chief War Eagle's Trailer Estates	59	2.00		3.50	31	11	11	X	6	AB	AB					AB	A	BF	3	3	X	4	1
9		**Mont-St-Hilaire** Laurier	373	2.75		3.50	373	161	133	X	12	A	AB		AB	X	AB		AB	BC				2	X
via 9	227	Du Bois	62	3.00	0.50	4.00	62	62	14		2	A			AB		AB		AB	BE				4	
		Brossard																								
via 9B		Green Acre	17	2.50		3.00	8	8			3	A	A								1		3	5	1
via 9B		Champlain	11	3.00	0.25	3.50	11	5	5	X	2	A	A								1	2	3	6	1
via 11		**Parc du Mont-Tremblant** ● De la Ménagerie (Lac Monroe)	244	3.00		4.00	39	39	39	X	10	A	B		A	X	A	AB		ADG			X		X
via 11																										
via 18																										
via 30		● Lac Lajoie (Lac Provost)	130	3.00		3.00				X	16	AB	B		A		A	AB		ADG	7	11	X		X
		Mont-Tremblant																								
11		Caralodge Mont-Tremblant	127	3.00		4.50	85	85	85		6	A	AB	A	AB	X	A		AB	BCFG	–	2	X	5	3
		Île-Perrot																								
via 20		Sugar Bay Trailer	20	2.00	0.50	3.50	17	17	7		5	A				X	A	B	AB	BDG		X			
		Longueuil																								
20		Camp Alouette	214	3.50	0.25	4.50	125	33	33	X	14	A			AB	X	AB		AB	BC	5			6	X
		Oka																								
29		● Parc Paul-Sauvé	1080	3.80		4.00	146	146	146	X	108	A	B	A	B	X	A	AB		ADG	2	2	X	12	X
29		Plage des Familles	37	2.00		4.25	37	15	15		1	AB	B		B	X		AB		AEG	2	2	X	12	2
		Pointe-Calumet																								
via 29		El Paraiso	70	3.50	0.50	4.00	70	70	35	X	2	A	B	A	B		AB	B	A	BDG	6	3	X	6	–
via 29		Pointe Calumet	115	3.00		4.50	115	84	35	X	5	A	B		B	X	B		A	BEG	3	2	X	X	–
		Île Bizard																								
via 37		Île Bizard Trailers Park	94	2.50		4.00	68	48	48		6	A			A	X	AB	B		BCDG	6	–	–	6	1
via 37		Plage Théoret	60	2.50		2.50	60	55	30			A		AB	AB		B	B	A	BDG	6	–	X	6	1
via 37		Royal Martin	70	2.50		3.00	70	50	50	X	5	AB		AB	AB	X		B	A	BDG	5	–	X		1
		St-Benoît-Abbé																								
via 51		Nadeau's Sporting Camp	10	2.00		3.00	2				2	A		B	AB	X	A	B	A	BDG			X		2

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MUSEUM
418 BOOKS
NATURAL FOOD
BISTRO
INFO
69.
de MAISO
BYGONE
THREADS
PRAG
ANNEX
KARMA
CHEAP THRILLS
LOVE
BOILER ROOM
SEX MACH
ST.
BRITON
PYKASSO
HAIR PEOPLE
CAFÉ
MCKAY
BISHOP
CRESCENT
MOUNTAIN

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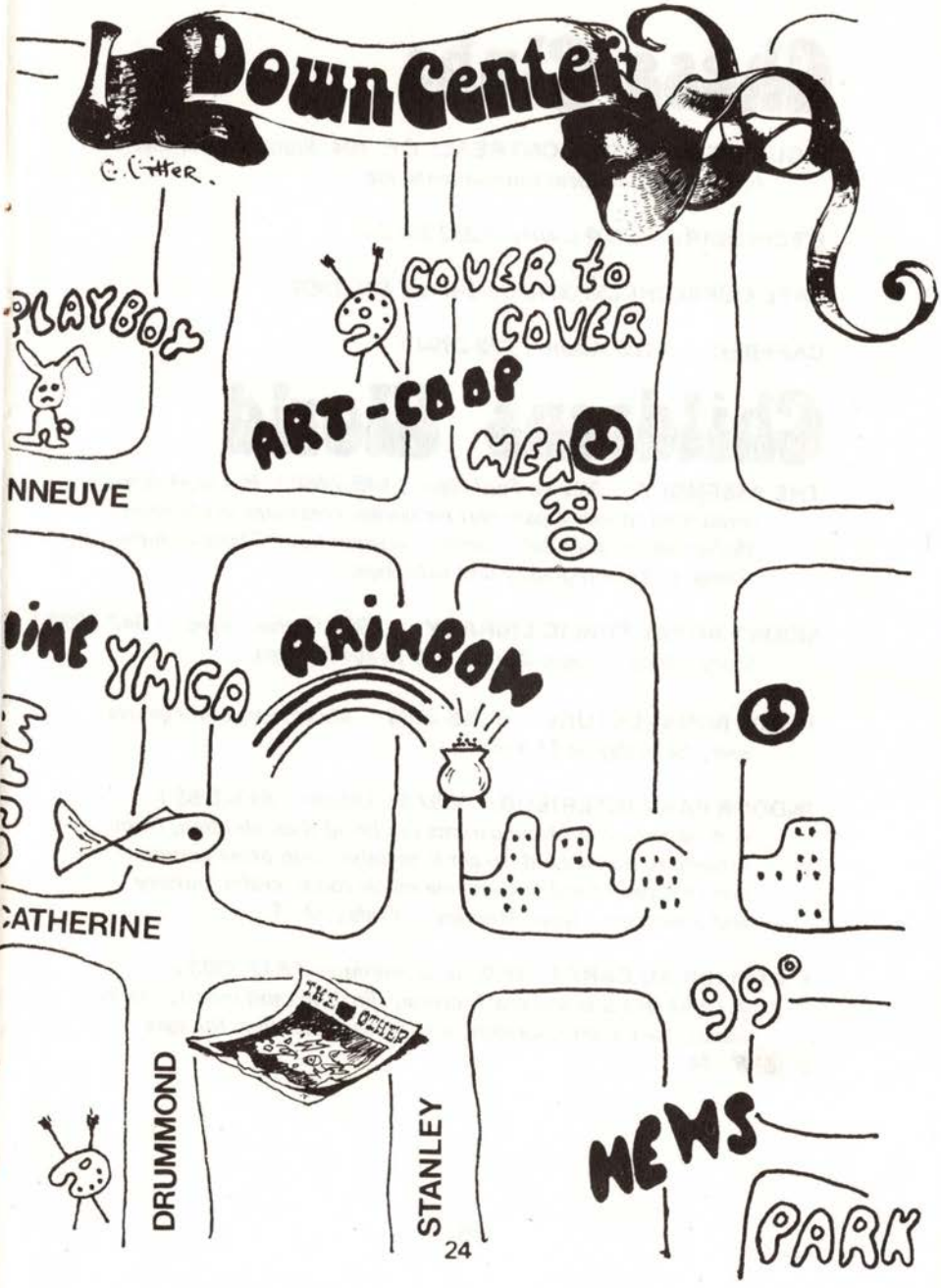
DownCenter
C. Cotter.
PLAYBOY
COVER to COVER
ART-COOP
METRO
NNEUVE
YMCA
RAINBOW
CATHERINE
DRUMMOND
STANLEY
99°
MEWS
PARK

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Chess Clubs

LIGUE D'ECHECS DE MONTREAL: *C.P. 104, Station Delormier. Information on local tournaments, etc.*

L'ECHIQUIR: *2109 Bleury (282-3963)*

CAFE QUEBECHECS: *3619 St. Denis (845-1866)*

CAFEBEC: *4100 Adam (722-2894)*

Childrens World

THE ASSEMBLY: *365 St. Paul West (845-2468) Has workshops conducted to investigate and encourage creativity in children. Media used to stimulate youthful imagination. These include drama, still photography and videotape.*

MOUNT ROYAL PUBLIC LIBRARY: *1967 Graham Blvd. (342-1892) Story-telling for ages 3 and a half to age 5. Free.*

PLACE BONAVENTURE: *(395-2233). Music, songs and games every Saturday at 11 a.m.*

INDOOR PARK INTERIEUR: *3597 St. Urbain (843-3868) A drop-in centre where parents can bring their children, from infancy to 5 years old, to get it together with other parents and children. Facilities include music room, crafts, nursery and a sandbox. Open Monday – Friday, 9 - 5.*

L'ATELIER AU CARRE: *3738 St. Dominique (842-3393) A children's arts and crafts center. Facilites and instruction in music, dance, photography, pottery and painting for ages 8 - 14.*

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Churches *(historical interest)*

NOTRE-DAME DE MONTREAL: *Located on Place d'Armes in Old Montréal. The church's interior is carved in wood and held together with wooden nails. organ concerts daily ex Sun. 12.45 PM*

SAILORS CHURCH: *It's on Bonsecour Square and is the oldest church in Montréal.*

ST. JOSEPHS'S ORATORY: *Perched on the north slope of the mountain, it is the meeting place for millions of pilgrims. Note: hanging on walls the old crutches, wooden legs, elevated shoes, etc. Also note: the last sculpture on the stations of the cross is a Rodin. Home of Brother Andre's Heart ? ?*

CHRIST CHURCH CATHEDRAL: *This cathedral of 14th century gothic architecture serves the people in offering free back pack checking service and a referral staff. Located on the corner of St. Catherine and Philip's Square.*

MARY QUEEN OF THE WORLD CATHEDRAL: *Located at the southeast of Dominion Square. The cathedral is a small-scale replica of Saint Peter's in Rome.*

CHAPELLE NOTRE-DAME DE LOURDES: *430 St. Catherine E.*

Cinemas

FIRST RUN FILM CINEMAS: COMMERCIAL CINEMAS ARE A LITTLE CHEAPER HERE THAN IN THE U.S. PRICES RUN BETWEEN $2.50 – $3.00.

ALOUETTE: *(French) 318 St. Catherine W. (866-2807)*

ATWATER: *(English) Plaza Alexis Nihon (935-4246) Take the métro directly to Atwater.*

AVENUE: *(English) 1224 Greene Avenue (937-2747) Transportation: Get off the métro at Atwater.*

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BONAVENTURE: *(English) 1 Place Bonaventure (861-2725)*
Transportation: Place Bonaventure métro.

CINEMA V: *5550 Sherbrooke West (486-7395)*

ELYSEE: *(French) 35 Milton Avenue (842-6053)*
Bus: Sherbrooke no. 24 to St. Lawrence Blvd.

LOEWS: *(English) 954 St. Catherine St. West (866-5851)*

PALACE: *(English) 698 St. Catherine St. West (866-6991)*

PARISIEN: *(French) 480 St. Catherine St. West (861-2697)*

PLACE DU CANADA: *(English) La Gauchetière and Windsor (861-4595) Chateau Champlain Hotel.*

PLACE VILLE-MARIE: *(English) 777 Dorchester West. (866-2644). There are two cinemas in this theatre.*

SEVILLE: *(English) 2155 St. Catherine Street West (932-1139) Atwater métro station.*

THEATRE ST. DENIS: *1594 St. Denis (849-4211)*

VENDOME: *(French) Victoria Square (878-1451)*
Transportation: Victoria Métro Station.

WESTMOUNT SQUARE: *(931-2477)*

YORK: *(English) 1487 St. Catherine St. West. (937-8978)*
Transportation: Guy Métro station.

CAPITOL: *(English) 890 Ste-Catherine West (866-6828)*

CLAREMONT: *5038 Sherbrooke West (486-7395)*

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SECOND RUN CINEMAS: THESE ARE CHEAPER, OLDER AND USUALLY HAVE MORE THAN ONE FEATURE E.G. 3 FOR $1.00 OR $1.50

CRYSTAL: *(English) 1223 St-Laurent (861-2249)*

PICADILLY: *(English) 5025 Sherbrooke West (486-2811)*

SYSTEM: *(English) 539 Ste-Catherine West (845-2000)*

CINEMA PARTICIPATION · National Film Board: *Free (French/English) 550 Sherbrooke West (283-4753)*

BIBLIOTEQUE NATIONALE DU QUEBEC: *(French/English) 1700 St-Denis (844-8734) $ 0.50*

LES CINEMAS DE VIEUX MONTREAL: *(French/English) rue St-Paul at Place Jacques Cartier (861-7863)*

REPERTORY CINEMAS

LOYOLA COLLEGE: *F.C.Smith Auditorium 7141 Sherbrooke West (482-0320 local 437) Trans.: bus 105 from Atwater metro $ .50 – $ .75*

MC GILL UNIVERSITY: *Leacock Building (392-8934) Most of these flics are shown in the winter months $ .50 – $ .75*

OUTREMONT: *1248 Bernard West (277-4145) (French/English) All films are $ .99. There are midnight shows on weekends. Trans.: bus 160 west from Beaubien metro*

SIR GEORGE WILLIAMS UNIVERSITY: *Hall Building Room H-110 1455 de Maisonneuve (879-4349) Year-round films $ .50 – $ .75*

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PEAU DE SOI CE SOIR

Je promis
Not to scream or wriggle
I'm wrapped in Chrome
and leather.
I'm a jeunese quebecois
Une Nouvelle Montrealaise

I'm addicted to Luicite
and gold.
I've been entwined by denim
and squeezed by leather.

I'm read and versed,
I've seen it all.
I know myself
and others too.

I'm seen in all the right places,
by the people who count.

I'm Daisy and Gatsby
off to Southampton
Stopping at Xanadu
to talk of Bygone Threads.

I'm bedecked, bejeweled, and Bizbecked
I'm Niki, silvered and steeled,
poupart and choaked.

I've been to Afganistan
having Yetied a Yak.
I'm Live from Earth
made to measure
and painted by hand.

I've Pickled my Lake,
rushing the Leathersmith,
for the Ark is ready,
and my bags are packed.

I'm Garbo comme Greta
my Magoria is Phantas.
O gima Mit for
My Chateau's a warehouse.

Let us cry
Toujour Valours $$$$

Throw my against the wall,
and sign me

A Jeuneuse Quebecois
Un Nouveau Montrealais.

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PORNOGRAPHIC FILMS:

PUSSY CAT: *(French/English) 4015 St-Laurent (849-9469) Trans.: bus 55 from St-Laurent metro*

EROS: *59 Ste-Catherine East (288-5513)*

GUY: *(English) Guy and de Maisonneuve at the Guy metro (931-2912)*

EVE: *1229 Boul. St-Laurent (861-3151)*

le BEAVER: *5117 Park Avenue (844-8671)*

IMPERIAL: *1430 Bleury (288-7102)*

Clinics

Most of Montréal's clinics are free to the public (Canadians and non-Canadians alike) and a few are listed below. It is preferable to make an appointment

MONTREAL YOUTH CLINIC: *3658 Ste-Famille (843-7885) Open 3 PM until last patient*

CLINIQUE ST-JACQUES: *1211 Parc Lafontaine (523-6211)*

WESTMOUNT YOUTH CLINIC: *4424 Ste-Catherine West (932-3338)*

HEAD AND HANDS YOUTH CLINIC: *5826 Sherbrooke West (481-0277) Open 10 AM - 10 PM*

PEOPLE'S YOUTH CLINIC: *8027 Côte St-Luc Rd. (487-5553) Open 3.30 PM - 5.30 PM except Wednesday. Service nightly from 7 PM.*

CLINIQUE COMMUNAUTAIRE DE JEAN-BAPTISTE: *4220 Drolet (849-3537)*

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POLI-CLINIC: *1988 Ste-Catherine East Open 8 AM - 8 PM except Saturday until noon (524-3637 or 527-1711)*

PEOPLE'S MOBILE CLINIC: *(937-9251)*

CLINIQUE COMMUNAUTAIRE: *3611 St-Denis (844-1056) Open 9 AM - 5 PM weekdays*

JEWISH GENERAL HOSPITAL: *3755 Cote Ste-Catherine Road (342-3111) Best V-D clinic in town!*

SIR GEORGE WILLIAMS UNIVERSITY CLINIC: *2145 McKay St (879-5995)*

Clothing Boutiques

See also Antique Clothes and Leather Shops

BIZBECK: *158 Prince Arthur East (842-1566)*

PATTE DE VALOURS: *154 Prince Arthur East (842-1566)*

le FASHION TRIP: *486 Ste-Catherine West (861-5361)*

UNDER MILKWOOD: *486 Ste-Catherine West (861-6914)*

MISTY GRIS: *714 St-Denis*

BOUTIQUE EXPRESSION: *486 Ste-Catherine West (861-5361)*

LIVE FROM EARTH: *156 Prince Arthur East (288-8605)*

BOUTIQUE NOUS: *486 Ste-Catherine West (861-6914)*

COINCIDENCE: *486 Ste-Catherine West (861-6914)*

GRIZZLY: *152 Prince Arthur East (843-4000)*

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Clothing - Custom

COM' QUECHU: *3609 Coloniale Custom-made clothing: shirts, jackets, etc. Superb quality work from antique materials or what you bring. Unique shirts from $10.*

EIFFEL: *1628 Sherbrooke West (932-6286)*
Custom shirtmakers

The time has come, the walrus said,
to look at many things;
Very special leather clothes,
posters, pipes and rings
Jeans and T-shirts -
things - just things for heads
records, incense and waterbeds
Visit Labyrinth's Wonderland -
feed your head!

Just ask Alice

486 St. Catherine St. West

(just east of Phillip's Sq.)

861-6914

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Clubs

See also Brasseries and Clubs-Live Music

Montréal's licensed clubs are open unitl 3 AM for people 18 years and over.

BLACK BOTTOM: *22 St-Paul East (861-8780) Soul/jazz recorded music*

BOILER ROOM: *1459 Crescent (288-6364) jukebox*

CAFE CAMPUS: *3315 Queen Mary Road (735-1259) dancing to recorded music*

NELSON GRILL: *421 Place Jacques Cartier (861-5731) jukebox and terrace*

POOR RICHARD'S: *1465 Crescent (843-3747) jukebox*

ANNEX: *1445 Bishop (844-8419) Recorded rock, films, terrace*

LA BOHEME: *1418 Guy (932-2151) Recorded jazz*

LE BISTRO: *2080 Mountain St (842-3481) Recorded music*

LE TAROT: *1459 St-Alexandre (849-2861) Good lighting. No alcohol. $1.00 cover charge. Open unitl 6 AM Thurs to Sun.*

RAINBOW BAR & GRILL: *1430 Stanley St (849-8262) Recorded music. Films.*

SIR WINSTON CHURCHILL PUB: *1455 Crescent (288-0616) Recorded music.*

BISTRO A JO JO: *1615 St-Denis Recorded music*

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COCK 'N' BULL PUB: *1946 Ste-Catherine West (933-4556) Old English pub environment*

OLIVER'S: *1468 Crescent St (842-3713) recorded music*

ORIENT EXPRESS: *2149 Mackay. Quiet, oriental atmosphere*

THURSDAY: *1449 Crescent (849-5634) recorded music*

LOVE: *1418 Guy St (932-2151) Let it ALL hang loose - recorded rock and soul, dancing.*

LE MAISONNEUVE: *1240 Drummond (866-6492) ¿ 2d floor of Hotel La Salle. Recorded rock, large dance floor.*

Live Music Clubs

CAFE L'IMPREVU: *446 Place Jacques Cartier (861-5416) Rock and folk nightly, licensed.*

LA BOITE A CHANSON *408 Saint-Vincent. French-Canadian folk, licensed.*

MOJO'S: *4599 Park Avenue. Live Jazz - African sounds. Opens 9 PM. Closed Mon & Tues. Cover charge $1.00 except weekend $1.50*

ROCKHEAD'S PARADISE: *1252 St-Antoine (861-2161) Downstairs: jazz combo, beer 55c Upstairs: rhythym & blues revue, cover charge.*

NORM SILVER'S MOUSTACHE: *1443 Closse (931-2575)*

LA BOHEME: *1418 Guy (932-2151) Jazz, licensed.*

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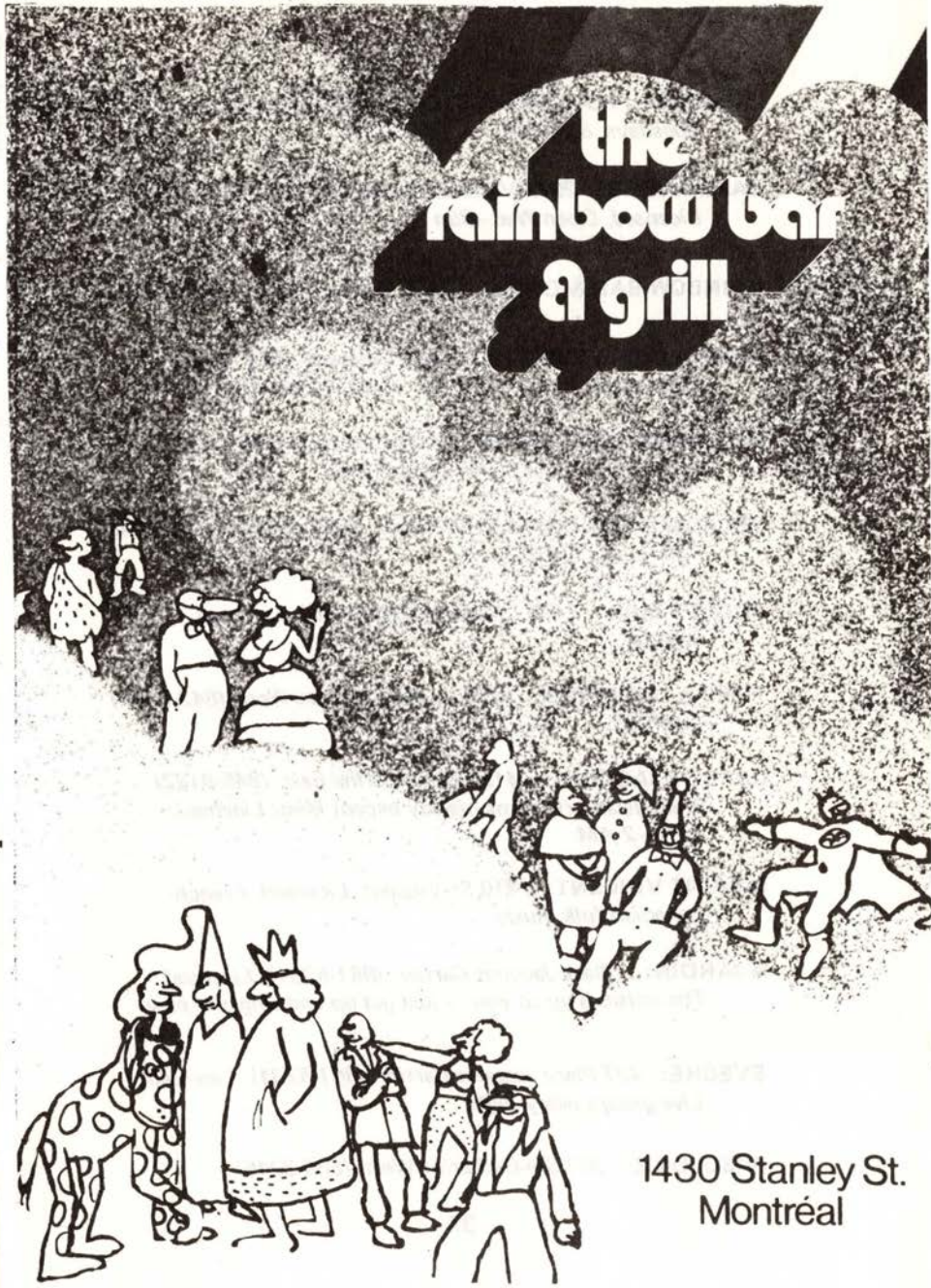

1430 Stanley St.
Montréal

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MONTREAL FOLK WORKSHOP: *1358 Dorchester West (678-0985) Tuesdays 8.30 PM*

CAFE ANDRE: *2077 Victoria - behind Eaton's (678-0985) Licensed, Open Wed–Sun*

RAINBOW BAR & GRILL: *1430 Stanley Street (842-8262)*

KARMA COFFEEHOUSE: *1476 Crescent (879-7345) Folk music. $2.50 cover charge. From 9 PM*

AU JARDIN DES GLACES: *21 St-Paul East (866-2107) Jazz on Fri & Sat nights until 2 AM*

YELLOW DOOR COFFEEHOUSE: *3625 Aylmer (392-4947) Folk music nightly*

FRIAR'S PUB: *1445 Crescent (849-9086) Licensed. Rock nightly.*

FYFE & DRUM PUB: *1450 de Maisonneuve West (842-8389) Licensed.*

CAFE ST-JACQUES: *415 Ste-Catherine East (845-9182) Black Island rhythms nightly except Mon. Licensed. 9 PM–2 AM*

le SAINT VINCENT: *410 St-Vincent Licensed. French-Canadian folk music*

le JARDIN: *Place Jacques Cartier (861-5731) Licensed. The music is up to you --- just get up and sing and play*

EVECHE: *427 Place Jacques Cartier (861-5731) Licensed. Live groups every night*

VISOSONIE: *282 Ste-Catherine West (866-3246)*

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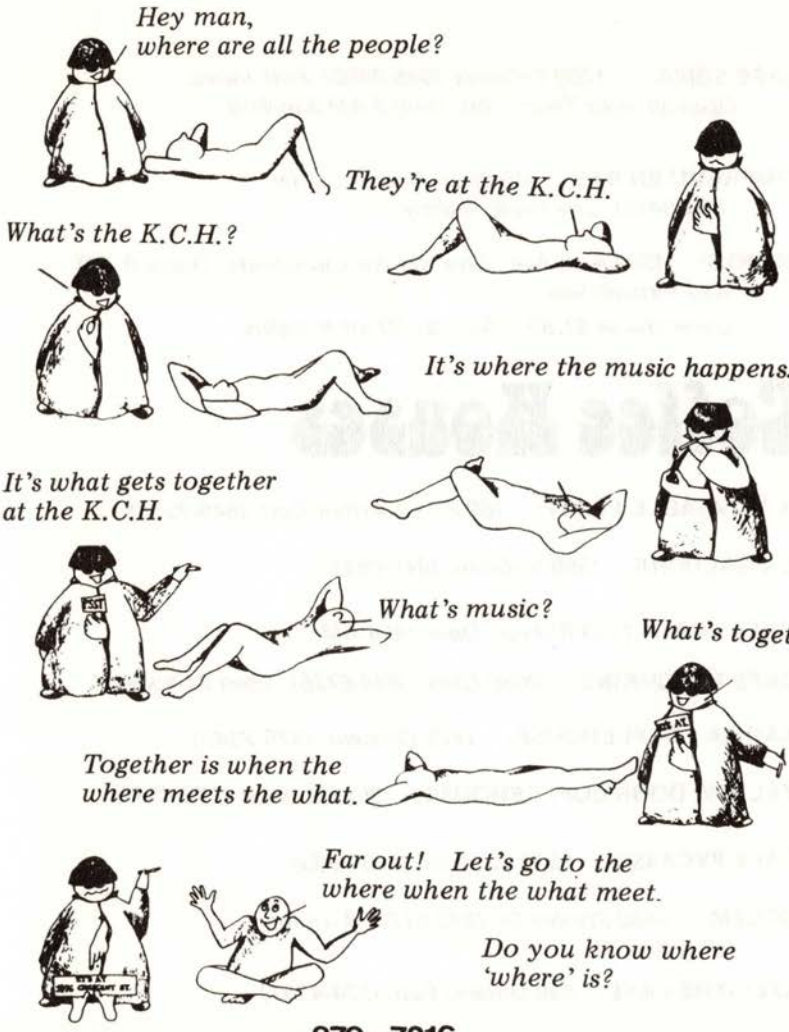

879-7216

KARMA COFFEE HOUSE 1476 CRESCENT

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CAFE SOMA: *1709 St-Denis (845-7860) Folk music. Open all night Thurs - Sat. Until 2 AM Sun-Wed*

I'IMPREVU EN BAS: *446 Place Jacques Cartier (861-5416) Live music nightly.*

MOJO'S: *4599 Park Ave. Live jazz-African sounds. Opens 9 PM Wed through Sun.*
Cover charge $1.50 – Sat; $1.00 other nights

Coffee Houses

A MOVEABLE FEAST: *162 Prince Arthur East (849-7216)*

LA GALOCHE: *1599 St-Denis (849-0518)*

CAFE PRAG: *1433 Bishop Open till 4 AM*

CAFE POUCHKINE: *2080 Clark (844-6775) open 24 hours*

KARMA COFFEEHOUSE: *1476 Crescent (879-7345)*

YELLOW DOOR COFFEEHOUSE: *3625 Aylmer (392-4947)*

CAFE PYCASSO: *1621 St-Denis (843-3533)*

GOLEM: *3460 Stanley St (845-9171) Live folk Sat & Sun*

ATELIERS CAFE: *859 Ontario East (524-4351)*

AU JARDIN DES GLACES: *Ice Cream Parlour 21 St-Paul East (866-2107) Jazz: Fri & Sat nights*

THE ARK: *5462 Sherbrooke West (486-6111)*

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Au Jardin des Glaces
Ye Olde Ice Cream Parlour

21 St. Paul est, Vieux Montréal

514-866-2107

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Costumes

MALABAR'S: *422 Notre Dame West (845-8169)*

JOSEPH PONTON: *451 St-Sulpice (849-3238)*

Communes

Organisational meetings every Monday night:
3595 St-Urbain (842-4781 and 523-3567) at 7 PM

Consulates

Consulates in Montréal:

FRANCE: *Place Bonaventure (878-4381)*

GERMANY: *3455 Mountain (849-1134)*

GREAT BRITAIN: *635 Dorchester West (866-1637)*

ISRAEL: *1655 McGregor Ave (937-3937)*

NETHERLANDS: *1 Place Ville Marie Rm 1736 (866-4875)*

UNITED STATES: *1558 McGregor Ave (937-6301)*

GREECE: *1350 Sherbrooke West (845-2105)*

ITALY: *1595 McGregor Ave (935-3505)*

IRELAND: *410 St-Nicholas (844-4451)*

SPAIN: *1 Westmount Square (935-5235)*

SWITZERLAND: *1572 McGregor Ave (932-7181)*

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Day Care Centres

If you are visiting Montréal and would like a break from your children, make arrangements to leave them in a day care centre.

CENTRE ST-LOUIS: *3691 St-Dominique (843-3445)*
This day care centre is for children aged 3–5 years old and fees are according to your means. Open 8 AM to 5.30 PM.

LA GARDERIE HUBERTUBERLU: *3947 Montée St-Hubert (678-8390) 7 AM - 6.30 PM, Mon–Fri $1.00 / day*

SISTERS OF SOCIAL SERVICE: *3589 Ste-Famille (845-8532)*

GARDERIE SOLEIL: *3937 Berri (284-2843)*
8 AM to 6.30 PM

UNIVERSITY SETTLEMENT: *3553 St-Urbain (844-6458)*
Children between 3 and 6 years old are accepted and one pays according to one's means.

MC GILL CAMPUS: *At the north end of the main campus you will find a fenced-off area for child and mother*

Drugs

The staples in Montréal are hash in the winter and grass in the summer. Prices depend on the season, the crop and who you buy from. The following is a rough scoring guide:

Hash: *about $5.00 per gramme; $25.00 per 1/4 ounce*

Grass: *$20.00 per lid (20 grammes)...yes, unfortunately, the institutional 'short ounce' has arrived*

Chemicals: *$1.50 – $2.00 per hit*

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Organic psychedelics: *$3.00 per hit*

On larger quantities you should get at least a 25 % reduction in price.

Copping dope 'on the street' is fairly cool in Montréal. There are no proven cases of narcs impersonating dealers. Some of the better scoring areas are:

* *clubs on Crescent and Stanley Sts.*
* *along Ste-Catherine St.*
* *the various university campuses*
* *the park at Carré St-Louis*
* *on or around Place Jacques Cartier and Montréal*

Public smoking is also more common this year than last. Out-of-towners find it incredible how almost arrogantly Montrealers parade their dope habits. In clubs, on the streets, and especially at concerts (even in the staid and bejewelled Place des Arts) you can get very high just breathing there!

Drug Aid

If the person is suffering a violent reaction, take him to the EDM unit of the Montréal Jewish General Hospital (you don't have to be Jewish...)

The police have a good relationship with Drug-Aid people and if asked to help will generally not bust anyone on a bad trip.

The aims of Drug-Aid Centres are as follows
To help people with general drug problems, in particular, hallucinogenic freak-outs;
To refer people with non-drug problems to other centres;
To supply drug information to parents and kids alike;
To serve as a rehabilitation centre for those psychologically and physiologically addicted.

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KALATOX: *2533 Parc Lafontaine (527-3476 and 842-4083) Mon to Fri 9.30 AM to 4.30 PM*

INTER LIGNE: *(381-1165) Open at night*

YOUTH E.D.M. UNIT: *Montréal Jewish General Hospital 3755 Cote Ste-Catherine Road (342-3111 local 494) 24 hour crisis aid. Doctor and psychiatrist on call.*

YOUTH EMERGENCY DRUG UNIT: *Lake Shore General hospital 298 Brookhaven (695-1310 local 216) 24 hour service*

RELEASE: *1174 St-Laurent in Longueil (670-8420 and 670-8421)*

DROGUE ACTION: *184 Iles Percees in Boucherville (655-0229)*

VIA JEUNESSE: *4044 Ontario East (527-9881)*

ALTERNATIVES: *3738 Cote des Neiges (931-2536) A centre which specialises in crash withdrawal from addictive drugs involving a ten-day 'live-in' cold turkey period with counselors*

DEUXIEME LIGNE: *10709 Boul. St-Laurent (381-2359) 9.30 AM to 6.00 PM Psychiatrist and two interns*

Drug Laws

There's the law...

Possession of any drug, and this includes pot and hashish, is an offence punishable by a maximum imprisonment term of seven years.

Possession with intention to traffic is punishable by a maximum of life imprisonment.
Trafficking is defined as making, selling, giving, administering, transporting, delivering, distributing or offering.

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The present level of drug use in Montréal is such that the authorities are much more concerned with drug trafficking and pushers (with most of the heat falling on heavy importers.

In 1972, Canada convicted 11,700 people under the Narcotic Control Act for cannabis offences. Of these, 5,000 were in Ontario courts, nearly 3,000 in British Columbia and only 1,100 in Québec courts. Taking into consideration that Montréal is the biggest city in Canada, this clearly makes Québec the most tolerant province...so be free.

Entertainment

ENTERTAINMENT BOX OFFICES:

MONTREAL TRUST: *Place Ville-Marie (861-1681 local 282)*

MONTREAL FORUM: *2313 Ste-Catherine West (932-6131)*

PLACE DES ARTS: *Ste-Catherine West at Jeanne-Mance (842-2112)*

MONTREAL STAR: *Most up and coming events and listings are found in the Saturday week-end paper under Entertainment Calendar and Montreal Scene.*

SPORTS:

BASEBALL: *875-2300*

FOOTBALL & SOCCER: *875-2040*

HORSE RACING: *Blue Bonnets (739-2741)*
Richelieu Park (642-5343)

HOCKEY: *932-6131*

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For information regarding municipal swimming pools, skating rinks, and tennis facilities, call: *872-2556*

SKATING: *Beaver Lake on Mount Royal. Free in season from 10 AM – 10 PM*

SLEIGH RIDES: *weekends from Beaver Lake or Cartier Monument in Fletcher's Field (west of Park Avenue, just below Mount Royal) $8.00 / hour for 2 - 6 persons (844-1313)*

INNER-CITY RECREATION PROJECT: *3553 St-Urbain (842-8836 local 28)*

Environment

STOP: *2052 Ste-Catherine West (932-7267) Recycling depot at the municipal parking lot at the corner of Westminster and Cote St-Luc Road.*

SVP - SOCIETE POUR VAMP la POLLUTION: *1207 St-André room 305 (849-7276)*

GREEN SPACES: *4508 Ste-Catherine West (932-7422 and 932-0217)*

INFO-CANADA: *840 Ste-Catherine West Has two booklets on pollution which are available free:*
"A Pollition Primer"
"The Environment Needs You"

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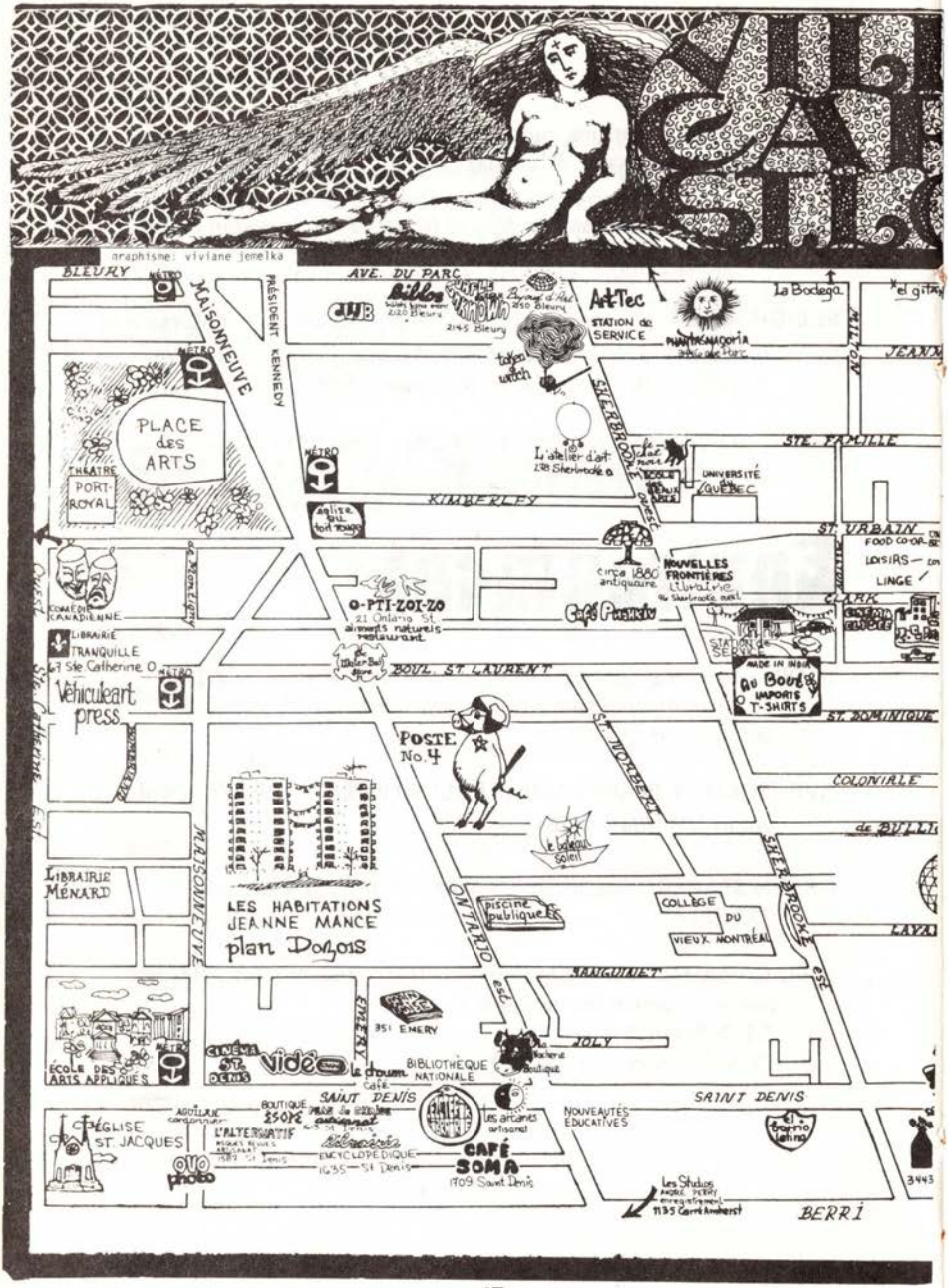
graphisme: viviane jemelka
BLEURY
AVE. DU PARC
MAISONNEUVE
PRÉSIDENT KENNEDY
PLACE des ARTS
THÉATRE PORT-ROYAL
KIMBERLEY
SHERBROOKE
UNIVERSITÉ du QUÉBEC
STE. FAMILLE
ST. URBAIN
CLARK
BOUL. ST LAURENT
O-PTI-ZOI-ZO
21 Ontario St.
Café Pushkin
NOUVELLES FRONTIÈRES
COMÉDIE CANADIENNE
LIBRAIRIE TRANQUILLE
3 Ste Catherine O.
Véhiculeart press
POSTE No. 4
ST. DOMINIQUE
COLONIALE
ONTARIO
ST. HUBERT
LIBRAIRIE MÉNARD
LES HABITATIONS JEANNE MANCE
plan Dogois
piscine publiques
COLLÈGE DU VIEUX MONTRÉAL
SANGUINET
351 EMERY
JOLY
ÉCOLE DES ARTS APPLIQUÉS
CINÉMA ST. DENIS
vidéo
BIBLIOTHÈQUE NATIONALE
SAINT DENIS
ÉGLISE ST. JACQUES
L'ALTERNATIF
CAFÉ SOMA
1709 Saint Denis
NOUVEAUTÉS ÉDUCATIVES
Les Studios
1195 Carré Amherst
BERRI
ArtTec
STATION de SERVICE
La Bodega
JEANNE
MANCE
BERRI
MADE IN INDIA
Au Boudi IMPORTS T-SHIRTS

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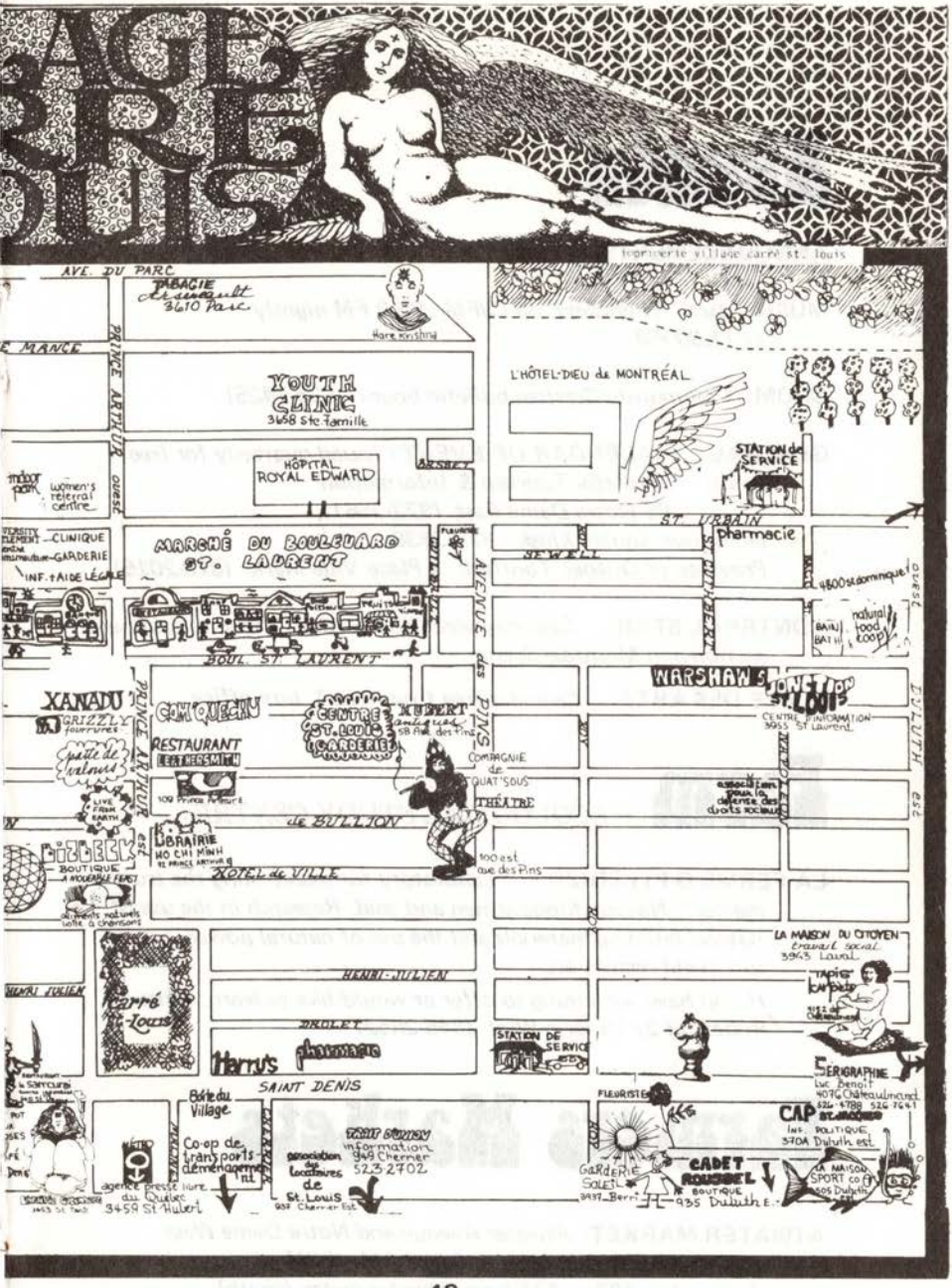
AGE
SQUARE
BOULE
AVE. DU PARC
PRINCE ARTHUR
YOUTH CLINIC
3458 Ste Famille
HÔPITAL ROYAL EDWARD
women's referral centre
CLINIQUE
INF. TAIDE LÉGALE
MARCHÉ DU BOULEVARD ST. LAURENT
BOUL ST LAURENT
L'HÔTEL-DIEU de MONTRÉAL
STATION de SERVICE
ST URBAIN
Pharmacie
SEWELL
natural food coop
WARSHAW
CENTRE D'INFORMATION
3955 St Laurent
XANADU
GRIZZLY fourrures
RESTAURANT
BLACKSMITH
CENTRE St. LOUIS
CARREFOUR
COMPAGNIE de QUAT'SOUS THÉATRE
de BULLION
LIBRAIRIE HO CHI MINH
HÔTEL de VILLE
100 est rue des Pins
LA MAISON DU CITOYEN
travail social
3963 Laval
TAPIS
Carré St-Louis
HENRI-JULIEN
DROLET
Harrus
pharmacie
STATION DE SERVICE
SAINT DENIS
SERIGRAPHIE
Luc Benoit
CAP
FLEURISTE
CADET ROUSSEL
BOUTIQUE
LA MAISON SPORT
Boîte du Village
Co-op de transports déménagements
agence presse libre du Québec
3459 St Hubert
association des Locataires de St. Louis
TAXI JAUNE
Information
348 Chenier
523 2702
GARDERIE SOLEIL
3937 Berri
935 Duluth E.
Duluth est

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Events

ANNOUNCEMENTS

MUSIC: *Jazz - 'Nightbeat' on CJFM - 95.9 FM nightly at 11.30 PM*

CHOM: *Community Services bulletin board (935-2425)*

GENERAL: *CALENDAR OF EVENTS issued quarterly for free from: Montréal Tourism & Information 85 Notre Dame East (872-3561) Dominion Square kiosk: 872-3538 Province of Québec Tourism: 2 Place Ville-Marie (873-2015)*

MONTREAL STAR: *Saturday week-end edition: the entertainment section and Montréal Scene*

PLACE DES ARTS: *Calendar free from P.D.A. box office*

Farm — *ECOLOGICAL STUDY CENTRE*

LA FERME O-PTI-ZOIZO: *"Laboratory for manifesting the truth in matter". Natural foods grown and sold. Research in the use of natural building materials and the use of natural power, e.g. sun, wind, water, etc.*

If you have something to offer or would like to learn, contact: Robert at 27 Ontario West (845-2652)

Farmers Markets

ATWATER MARKET: *Atwater Avenue and Notre-Dame West (932-3195) Hours: Mon to Sat 8 AM - 5 PM Trans.: bus 107 or 108 from Atwater metro (south)*

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JEAN-TALON MARKET: *Place du Marché near Bélanger and Alma (872-4620) Hours: Mon to Sat 8 AM - 5 PM Trans.: Jean-Talon metro*

I'ACADIE MARKET: *I'Acadie and Ave du Marché*

Saturday is by far the best day to visit the markets. One can purchase fresh vegatables, fruits and meats marketed by the farmers from the Laurentian and Eastern townships. There is also excellent locally made cheese and assortments of flowers.

Fish Markets

Both Jean-Talon and Atwater Markets have stalls for fish. Several others in the city are listed below:

WALDMAN'S: *74 Roy East (842-4483) Considered to be one of the best wholesale/retail fish purveyors in North America Trans.: bus 55 from St-Laurent*

PORTUGUESE FISH MARKET: *159 Duluth East (843-6964)*

JEAN-TALON FISH MARKET: *3562 Jean-Talon East (721-9948)*

ST-LAWRENCE FISH MARKET: *1195 St-Lawrence (866-5384)*

SHERBROOKE WEST FISH MARKET: *5207 Sherbrooke West (486-5246)*

Flea Markets

STASH'S FLEA MARKET: *338 Notre-Dame East (861-2915) Daily 10 AM to 11 PM Trans,: bus 136 or 60 from Phillips Square and then bus 35 or 36 east or metro to Champ de Mars*

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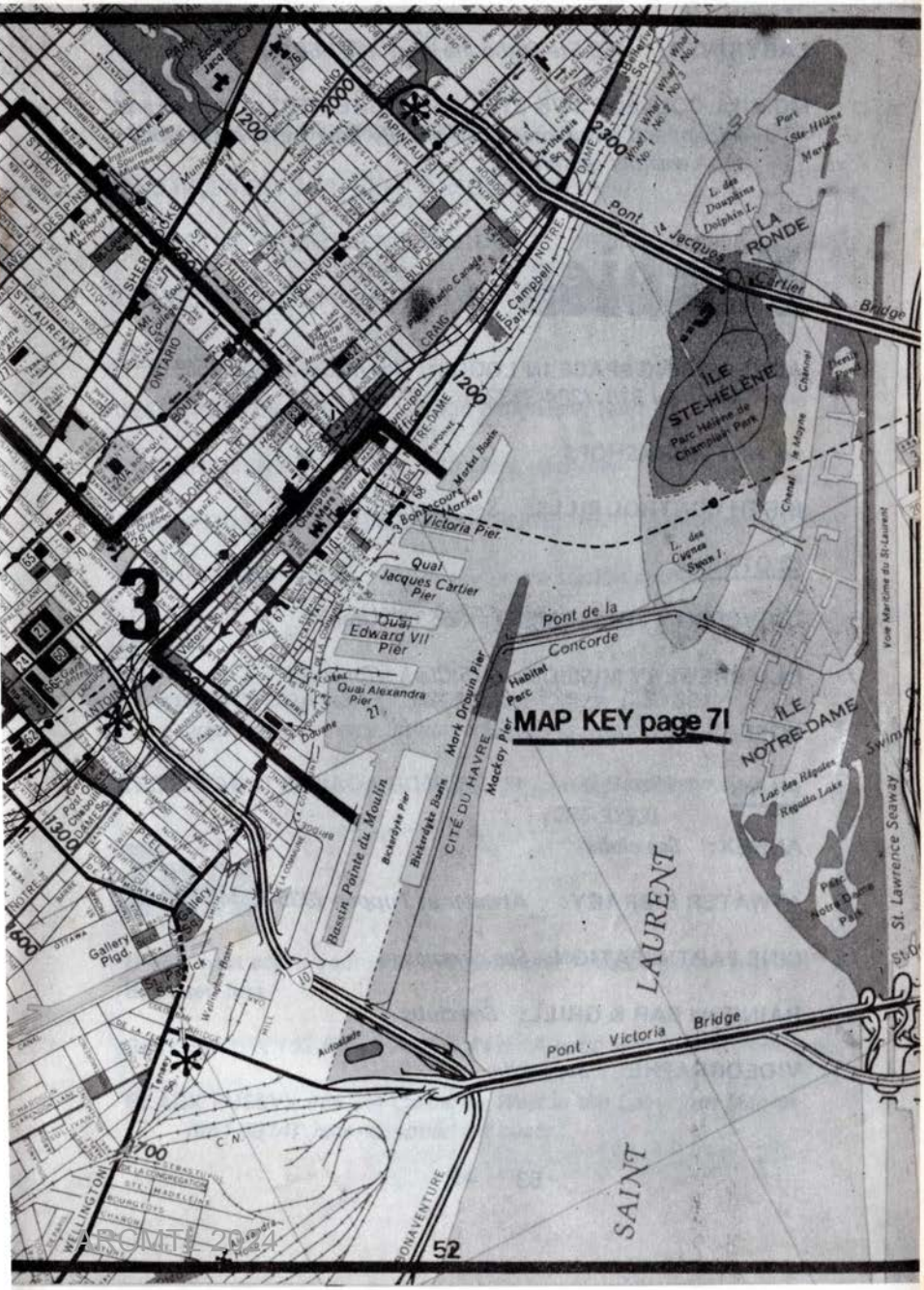
CHEMIN DE LA CÔTE
STE-CATHERINE
MOUNT ROYAL CEMETERY
MONT ROYAL
PARC
CIMETIÈRE DE NOTRE DAME DES NEIGES
CHEMIN DE LA CÔTE-DES-NEIGES
Université de Montréal
Collège Brébeuf
Rutherford Park
Université McGill
BOULEVARD
WESTMOUNT
Canal Lachine
1
2
3400
4500
5100
2030
3700


MAP KEY page 71
ÎLE STE-HÉLÈNE
Parc Hélène de Champlain Park
ÎLE NOTRE-DAME
LA RONDE
Pont Jacques Cartier Bridge
Pont de la Concorde
Pont Victoria Bridge
Quai Jacques Cartier Pier
Quai Edward VII Pier
Quai Alexandra Pier
Victoria Pier
Mark Drouin Pier
Habitat Parc
Mackay Pier
Bickerdike Pier
Bickerdike Basins
Bassin Pointe du Moulin
CITÉ DU HAVRE
Lac des Régates
Regatta Lake
Parc Notre-Dame Park
Swimming
St. Lawrence Seaway
Voie Maritime du St-Laurent
Port Ste-Hélène Marina
Dauphins Dolphin I.
Cygnes Swan I.
Chenal le Moyne Channel
Parcs Canada Park
Radio Canada
Gallery Pigd.
Wellington Basin
Autoroute
CN
LAURENT
SAINT
52

LABYRINTH: *486 Ste-Catherine West (861-6914)*

MC GILL COLLEGE ST & STE-CATHERINE WEST: *Artists and artisans and sometimes musicians ply their wares in the open air --- weather permitting.*

Freebies

ADVERTISING SPACE IN LOGOS: *See media or Box 455, Montréal 215 (284-3132)*

see **ART WORKSHOPS**

BIRTH CONTROL PILLS: *See clinics*

CLOTHING

UNIVERSITY SETTLEMENT: *3553 St-Urbain*

OLD BREWERY MISSION: *915 Clark (for men)*

COFFEE: *Any drop-in centre*

FILMS

ANNEX: *See clubs*

ATWATER LIBRARY: *Atwater at Tupper (935-7344)*

CINE PARTICIPATION: *See cinemas*

RAINBOW BAR & GRILL: *See clubs*

VIDEOGRAPHE: *See media*

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FOOD

HARE KRISHNA TEMPLE: *3720 Park Ave. Every Sunday at 4 PM*

OLD BREWERY MISSION: *915 Clark (for men)*

SALVATION ARMY MEN'S RESIDENCE: *1620 St-Antoine near Guy*

UNIVERSITY SETTLEMENT: *3553 St-Urbain. Food vouchers*

LODGING

JESUS PEOPLE HOSTEL: *1836 Dorchester West*

OLD BREWERY MISSION: *915 Clark (for men)*

SALVATION ARMY MEN'S RESIDENCE: *1620 St-Antoine near Guy*

METRO & BUS MAPS: *From any metro station wicket*

MUSIC

ST-JOSEPH'S ORATORY: *3800 Queen Mary (733-8211)*
Organ recitals every Sunday at 3.30 PM and 4.15 PM

CBC & RADIO CANADA CONCERTS: *1400 Dorchester East (285-3333)*

Furs

If you must adorn your skin with someone else's...why not recycle! Buy used furs.

GRIZZLY: *152 Prince Arthur East A good selection of used furs.*

BLACK PUSSY: *486 Ste-Catherine West in the Labyrinth Market (861-6914) reconditioned fur coats*

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A.P. DOSTERT: *372 St-Paul West (842-4423) New coats and accessories. Courier de bris fur hats: fur Mountie hats with flaps.*

GRIZZLY

GRIZZLY FOURRURE

fourrures pour tout le monde

Racoon .. Fox .. Opossum

Muskrat .. Skunk

Electric Seal

152 Prince Arthur Est

843-4000

FOURRURE

ARCMTL 2024

Gay Scene

GAY HOT LINE: *nightly 8 - 12 PM (842-8849)*

GAY DROP-IN CENTRE: *3439 St-Denis 7 - 11 PM*

WOMENS PLACE: *3764 St. Lawrence 845 - 7146.*
information Wed. – Fri. on gay womens' scene.

Montréal clubs catering to gays:

ROCAMBOLE: *1426 Stanley (842-5575)*

P.J.CABARET: *1422 Peel men only*

LOVE: *1418 Guy (932-2151) mixed*

le TAROT: *1459 St-Alexandre (849-2861) no alcohol, $1.00 per person, open til 6 AM Fri - Sun*

BUD'S: *1250 Stanley (866-0519) men only s/m*

MADAME ARTHUR: *2170 Bishop Weekends: women only weekdays: men allowed 9 PM to 6 AM*

le SAGUENAY: *Montréal's strangest collection of transvestites*

A LA GUILLOTINE: *1174 Mountian (861-7853)*

APOLLO: *5116 Park Avenue top floor (272-7443)*

SAUNA AQUARIUS: *1183 Crescent (861-2350)*
open 24 hours

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BRITON RESTAURANT: *1606 Ste-Catherine West (932-1652) It's just about the cheapest all-night restaurant on the street and also counting its central location the after-twelve crowd can get pretty weird.*

Groceries

See also: BAKERIES

LINDEL'S HANDY STORE: *211 Prince Arthur West (844-6070)*

COTE DES NEIGES FRUIT STORE: *5619 Côte des Neiges (738-0539) open till 11 PM*

CANTOR'S BAKERIES: *all stores are open till 11 PM — for baked goods, dairy produce and canned goods*

CRESCENT GROCERY: *2000 Crescent (842-7525) open till 11 PM except Sunday till 10 PM*

Head Shops

PYKASSO'S: *1265 Bishop (861-6075) Montréal's largest selection of pipes (water, glass, collapsible, etc.) plus jewellry, Escher prints, etc.*

PURPLE UNKNOWN: *2145 Bleury (849-9810) A large variety of rock incense and herbs, posters, books, comix, candles, etc.*

PEDICASSO POSTERS: *486 Ste-Catherine West (861-6914)*
338 Notre Dame East (861-2915)
Posters, incense, pipes and accessories

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BYBLOS: *2120 Bleury (849-4479) Best buys and selections of beads for stringing, etc.*

PyKASSO
BOUTIQUE

WE CAN GET YOUR LIMBS FLOATING OVER MONTREAL'S LARGEST COLLECTION OF PIPES & OUR ASSORTMENT OF INCENSE, CANDLES, POSTERS, JEWELLERY & SHIRTS

PYKASSO 1265 BISHOP 861-6075

Health Food *RESTAURANTS*

A MOVEABLE FEAST: *162 Prince Arthur East (849-3815)*

O-PTI-ZOIZO: *27 Ontario West (845-2652)*

LE BATEAU SOLEIL: *2004 Hotel de Ville (844-7164)*
8 AM - 9 PM

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THE SUNFLOWER: *cafeteria area of McGill Student Union on McTavish*

LA BONNE TABLE: *1145 de Bullion (861-7793)*

MANDIRA: *2055 Bishop (843-4118) open Mon to Fri 11.30 AM - 7.30 PM*

Health Food *STORES*

NATURAL FOOD CO-OP: *4800 St-Dominique (843-4593) Significant reductions available to members (membership fee is $5.00 annually plus a share of the work) everything from home-made granola to farmers' eggs. Very low prices on group orders anywhere in Québec on a monthly or periodical basis. Help is always needed from any members who can come in and share the work.*
Hours: Tues, Wed, Sat — 10 AM - 6 PM
Thurs — 5 - 9 PM
Fri — 10 AM - 9 PM

A MOVEABLE FEAST: *162 Prince Arthur East (849-3815)*

O-PTI-ZOIZO: *1596 Boul. St-Laurent (845-2824)*
Hours: Noon to 7.30 PM

MIRIAN: *3677 St-Lawrence (844-2729) A healthy German family store whose shop sells hundreds of different herbs and grains and packaged goods not usually found in food shops*

SANDRA'S: *2055 Bishop (843-5070)*

VOGEL'S: *4960 Queen Mary Road (739-6130)*
4191 Ste-Catherine West (933-1255)
1186 St-Denis (861-9944)

HEALTH MISSION: *1138 Bernard West (272-9386)*

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NATURAL & MACROBIOTIC FOOD: *4616 Papineau (525-4491)*

NATURAL HEALTH FOOD CENTRE: *1000 Jean-Talon West (279-9376)*

SANTE NATURELLE: *7430 Christophe Colomb (271-5325)* *naturopathy*

NATRITEX: *1834 Belanger (722-0983)*

SESAME NATURAL FOODS: *5518 Sherbrooke West (488-9886)*

Hitch Hiking

INTER-CITY HITCHING

HITCH WEST: *Ottawa, Toronto, Vancouver. Take metro to Cremazie, then bus 100 along Metropolitain Blvd to Trans-Canada ramp entrance going west*

HITCH EAST: *Québec City, Gaspian, Halifax. Take metro to Longueil, then walk to Sorel entrance ramp of route 3 and 20. One can also take bus 74 or 75 from metro and go to the end of the line.*

HITCH SOUTH: *New York, Boston, U.S.A. Take metro to Longueil, then walk to U.S.A. entrance ramp of route 3 and 20. Another faster way is to take the St-Rémi bus to the junction of route 9 and 9c. The bus will cost $ .95 but is worth it if time is important. Buy the bus ticket in the metro station.*

HITCH NORTH: *Val-Morin, Ste-Agathe, Mont Tremblant Park. Take metro to Henri-Bourassa, then transfer to bus 69 to the ramp of the Autoroute des Laurentides.*

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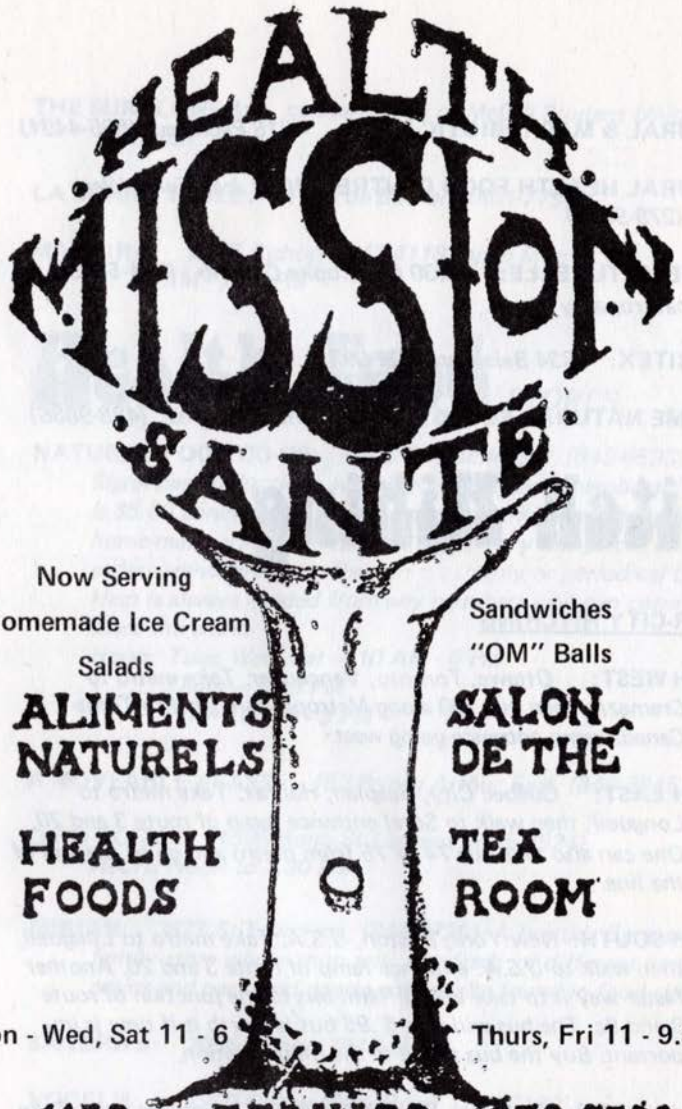
HEALTH
MISSION
SANTÉ
Now Serving
Homemade Ice Cream
Salads
ALIMENTS
NATURELS
HEALTH
FOODS
Sandwiches
"OM" Balls
SALON
DE THÉ
TEA
ROOM
Mon - Wed, Sat 11 - 6
Thurs, Fri 11 - 9.30
1138 ave. BERNARD
272-9386
Near Outremont Theatre

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INTRA-CITY HITCHING

HITCH EAST-WEST: *Sherbrooke Street is a good bet*

HITCH NORTH-SOUTH: *Cote des Neiges, Park Ave, St-Laurent,*

HITCH SOUTH: *To get to the South Shore, the entrance ramps to the Jacques Cartier and Victoria bridges are good spots. The hitching locations listed above are the easiest and fastest ways out of the city, but if you haven't the bread for the metro and buses, then follow the inter-city routes out.*

Horse Riding

COTE VERTU: *Exit 37 on Trans-Canada West (336-5185)*

JETTE RANCH: *150 Grand Blvd., St-Bruno (653-2728)*

GOLDEN RIDING STABLES: *4500 Côte Vertu (336-0939)*

Check for more listing under CAMPING GROUNDS

Hostels

YOUTH HOSTEL: *3541 Aylmer St (843-3317) $2.50 per night*

DESERTERS HOSTEL: *4287 l'Esplanade For american deserters only*

JESUS PEOPLE HOSTEL: *1837 Dorchester West Free crash pad*

Summer Hostels

MONTREAL: ✱, 461 St. Sulpice, ⊙, ☐ 1.5-15.9.
MONTREAL: (Loyola), 7141 Sherbrooke, ⊙, ☐ 1.6-1.9, 100 🛏, 🍴, ✕, 🍽

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MONTREAL: (Hillel), 2130 Bishop St., (Sir George Williams University), ⊙, □ 7.5-31.8, 60 🛏, 🚿, ✕, 🍽.
MONTREAL: (McGill), 3480 McTavish, ⊙, □ 4.6-3.9, 100 🛏, 🚿, ✕, 🍽.
MONTREAL: (Vanier), 821 St. Croix Blvd., ⊙, □ 1.6-28.8, 60 🛏, 🚿, ✕, 🍽.
STE. AGATHE: Hwy.-Rte. 11 (north 12 m du nord), ○, □ 15.5-9.9, 60 🛏, 🚿, ✕, 🍽.
VAL DAVID: R.R. #1, ○, □ 25.5-7.9, 60 🛏, 🚿, ✕, 🍽.
MONT LAURIER: R.R. #5, ○, □ 1.6-31.8, 18 🛏, 🚿, ✕, 🍽.
ROUYN: 37 rue Principale, ⊙, □ 1.6-31.8, 35 🛏, 🚿, ✕, 🍽.
DRUMMONDVILLE: l'Ecole St. Philippe, 120e Ave., ⊙, □ 15.6-31.8, 36 🛏, ✕, 🍽.
SHERBROOKE: 200 Kennedy, ⊙, □ 4.5-31.8, 30-35 🛏, ✕.
TROIS RIVIERES: 552-548-546 Niverville, ⊙, □ 14.5-31.8, 70 🛏, 🚿, ✕, 🍽.
QUEBEC: ✳, 1170 rue St. Jean, ⊙.
QUEBEC: 435 du Roi, ⊙, □ 1.6-30.9, 40 🛏, 🚿, 🍽.
QUEBEC: 1120 rue Taché, ⊙, □ 13.5-30.9, 60 🛏, 🚿, ✕.
QUÉBEC: □ 10.6-31.8, 60 🛏, 🚿, ✕.
LEVIS: □ 1.6-1.9, 60 🛏, 🚿, ✕, 🍽.
OTTAWA: ✳, Confederation Square, ⊙, □ 14.5-10.9.
OTTAWA: (Mayor's Committee on Youth) Colonel By Dr., ⊙, □ 1.7-15.9, 100 🛏, 🚿, 🍽.
OTTAWA: Carleton University, Colonel By Dr., ⊙, □ 25.5-30.8, 66-100 🛏, 🚿, ✕, 🍽.
OTTAWA: 695 & 656 King Edward Ave., ⊙, □ 15.5-31.8, 50-80 🛏, 🚿, ✕, 🍽.

✳ **INFORMATION**
TELEPHONE
⊙ **CENTRETOWN**
○ **COUNTRY-SIDE**
□ **PERIOD OPEN**
🛏 **BEDS**
🚿 **SHOWERS**
✕ **BREAKFAST**
🍽 **MEALS**

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Immigration

MONTREAL COUNCIL TO AID WAR RESISTERS: *3625 Aylmer (843-3132)*

AMERICAN EXILE COUNCELLING CENTRE: *3971 St-Denis (844-3126)*

CANADIAN IMMIGRATION: *1500 Atwater (283-5409)*

SERVICE d'ACCUEIL AUX VOYAGEURS ET AUX IMMIGRANTS: *102 Craig West (842-2971)*

REFERENCE CENTRE OF GREATER MONTREAL: *759 Victoria Square (842-9751)*

IMMIGRATION APPEAL BOARD: *510 St-Lawrence (283-7733)*

Import Shops

IMPORT BAZAAR: *1108 Ste-Catherine West (866-6166)*

BOWL & BOARD: *1198 Ste-Catherine West (861-3215)*
..and wood and furs and afghans and...

INDIA STORE: *486 Ste-Catherine West (861-6914)*
embroidered Indian shirts, dresses, etc.

CHINA PAGODA: *1127 Ste-Catherine West (844-3141)*
oriental imports

MAYA BOUTIQUE: *486 Ste-Catherine West (861-6914)*
Mexican imports

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MARRAKECH: *486 Ste-Catherine West (861-6914)*
Moroccan bags, caftans, etc.

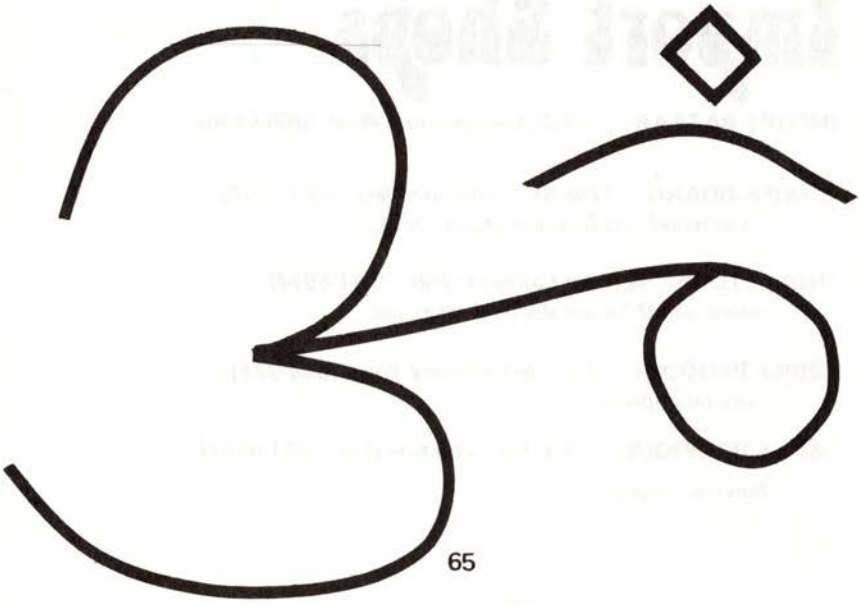
BOUTIQUE PYKASSO: *1265 Bishop (861-6075)*
Montréal's largest selection of pipes (water, glass, collapsible, etc) shirts, embroidered clothes, jewellry, posters, Escher prints, etc.

GERMAN, PORTUGUESE, GREEK, ITALIAN, HUNGARIAN, ETC.
import shops on Boul. St-Laurent from Sherbrooke north to Mount Royal St.

There are many Indian import shops located on or about the corner of Notre Dame East and Bonsecours in old Montréal.

CHINA RESOURCE PRODUCTS: *357 Commune St (845-6151)*

Leather Shops



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LEATHERSMITH

SANDALS
SACOCHES CEINTURES VETEMENTS
HANDBAGS BELTS CLOTHING

109 PRINCE ARTHUR ST. E.

LEATHERSMITH: *109 Prince Arthur East*

O-GIMA MIT: *2118 Ste-Catherine West (933-4791)*

YAK YETI: *1431 a MacKay St*

LES DURS A CUIR: *1613 St-Denis*

PEDICO LEATHER: *486 Ste-Catherine West (861-6914) handmade bags, belts, etc.*

SYLVIA: *486 Ste-Catherine West (861-6019) leather pants, jackets, etc.*

HORSE FEATHERS: *486 Ste-Catherine West (861-6914) hard and soft leather*

THE ARK: *5462 Sherbrooke West (488-6111)*

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LA TANIERE: *935 Duluth (523-2549)*

PICKLE LAKE LEATHER WORKS: *1221 Crescent (861-6287)*

BEOWULF LEATHER: *2186 Ste-Catherine West 2nd floor (933-3364)*

2186 Ste-Catherine West
933-3364

Heavy Leather Gear for
Heroes and Villians

Legal Aids

ST-LOUIS JUNCTION: *3955 St-Laurent (844-2648) The Diagnostic Legal Clinic is open on Mondays and you may tell a lawyer your case and he will tell you how you stand, but will not initiate any action on your behalf. This service is free. Also at your disposal is aid on civil liberties, divorce, welfare, leases, government bureaucracy, cockroaches, censorship, child-custody, discrimination and illegal arrest.*

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ACRES: *Consumer protection (844-3491)*

BAR ASSOCIATION: *Open to those unable to afford lawyer or legal defence (873-3580)*

TENANTS' ASSOCIATION: *Gives free advice on tenants' rights but does not cover court costs (849-3211)*

LEGAL AID CLINIC: *juvenile - under 18 (849-5371)*

MONTREAL BAR LEGAL AID: *over 18 (873-3212)*

FRENCH LEGAL AID: *306 Carré St-Louis (849-1385)*

NATIONAL BLACK COALITION RESEARCH INSTITUTE: *1610 Sherbrooke West rm. 12 A (931-2579)*

BLACK COMMUNITY PROJECT: *5757 Decelles suite 17 (737-1118)*

"DEBTOR'S HANDBOOK": *Canadian legal guide to handling creditors and avoiding debts $2.95*

"CIVIL RIGHTS IN CANADA": *$1.95*

These books are available in bookstores or from:
Self-Counsel Press
40 Gormley Avenue
Toronto 7, Ontario

Libraries

ATWATER: *1200 Atwater (935-7344) Hours: 9 AM - 5 PM closed Monday. Trans.: south of Atwater metro*

MONTREAL CHILDREN'S LIBRARY: *3835 Sewell near Pine Ave (288-3061) closed Sunday*

3700 St-Dominique (845-8673) Hours: 1 PM - 5 PM, Mon to Fri

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MONTREAL CITY: *1210 Sherbrooke East (872-2908) Hours: 10 AM - 10 PM, Mon to Fri; 10 AM - 5 PM, Sat; 2 PM - 6 PM, Sun. Trans: Sherbrooke bus 24*

MONTREAL MUSEUM: *1379 Sherbrooke West (842-8091 local 35) Hours: 10 AM - 4.45 PM, Tues to Fri; 10 AM - 9.45 PM, Wed. Trans: Sherbrooke bus 24*

REDPATH LIBRARY: *McGill University (392-4513) Hours: 8.30 AM - 10 PM, Mon to Fri; 8.30 AM - 5 PM, Sat; 2 PM - 9 PM, Sun*

NATIONAL LIBRARY: *1700 rue St-Denis (873-4553) Hours: 9 AM - 9 PM, Mon to Fri Trans: St-Denis bus 30*

NATIONAL FILM BOARD LIBRARY: *(283-4685) One must write two weeks in advance for film reservations*

CONTEMPORARY ART MUSEUM LIBRARY: *Cité du Havre (873-2878) Hours: 10 AM - 5 PM , Tues to Fri. Trans: Bus 12 to Carré Phillips*

THE COMMUNITY LIBRARY: *3658 Ste-Famille Hours: 5 PM - 10 PM, Mon to Fri*

PEOPLE'S LIBRARY: *1984 Wellington (932-8461)*

COTE ST-LUC LIBRARY: *7101 Cote St-Luv Road at Coronation (481-5676) Hours: 10 AM - 10 PM every day Trans: bus 103 from Atwater terminus*

N.D.G. LIBRARY FOR BOYS & GIRLS: *5065 Queen Mary (733-1423)*

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Lighting Effect

LIGHTS AND ILLUSIONS: *Specializes in unique and wonderful lighting effects for concerts, dances and parties. Music for the eyes. Harvey and Shirley. 4593 Park Avenue (849-2704)*

Liquor Stores

CENTRAL NUMBER: *873-3833*

LOCATIONS –

5814 Park Ave (277-8118)
770 Peel St (866-3497)
⚜ *1450 Mountain St (849-1036)*
⚜ *Place Bonaventure (861-7037)*
Place Victoria (861-2104)
⚜ *Place Ville Marie (861-6616)*
600 President Kennedy (845-5573)
1663 Ste-Catherine West (935-5127)
3627 Boul. St-Laurent (842-1660)

Liquor stores are open til 6 PM, Mon - Fri and noon on Sat.

⚜ *indicates stores open till 9 PM, Thurs. and Fri and 6 PM on Sat.*

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Map Key

AREAS:

1 Down Centre
2 Village St-Louis
3 Old Montréal

■ The distance between each black square is about a ten minute walk.

Each dot indicates a metro station.

1100 Street number.

St-Lawrence Street is the median between east and west.

South-north street numbers begin at the Old Montréal waterfront and run higher as they go north.

Hitching locations for out-of-town centres.

Route number.

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POINTS OF INTEREST

1.	Beaver Lake
4.	Bonsecours Market
7.	Canadian Historical Wax Museum
12.	Montreal College
16.	Universite de Montreal
17.	McGill Stadium
18.	McGill University
19.	Mont Royal Look-out
20.a	Place des Arts
23.	St-Joseph Oratory
25.	Seminary Towers
26.	Universite du Quebec
27.	Waterfront and Harbour
35.	Forum Arena
60.	Central Station C.N.R.
62.	Windsor Station C.P.R.
65.	Christ Church Cathedral
66.	Marie, Reine du Monde Basilica
67.	Notre Dame Cathedral
68.	Notre Dame Bonsecours
72.	Children's Memorial Hospital
78.	Jewish General Hospital
83.	Montreal General Hospital
86.	Royal Victoria Hospital

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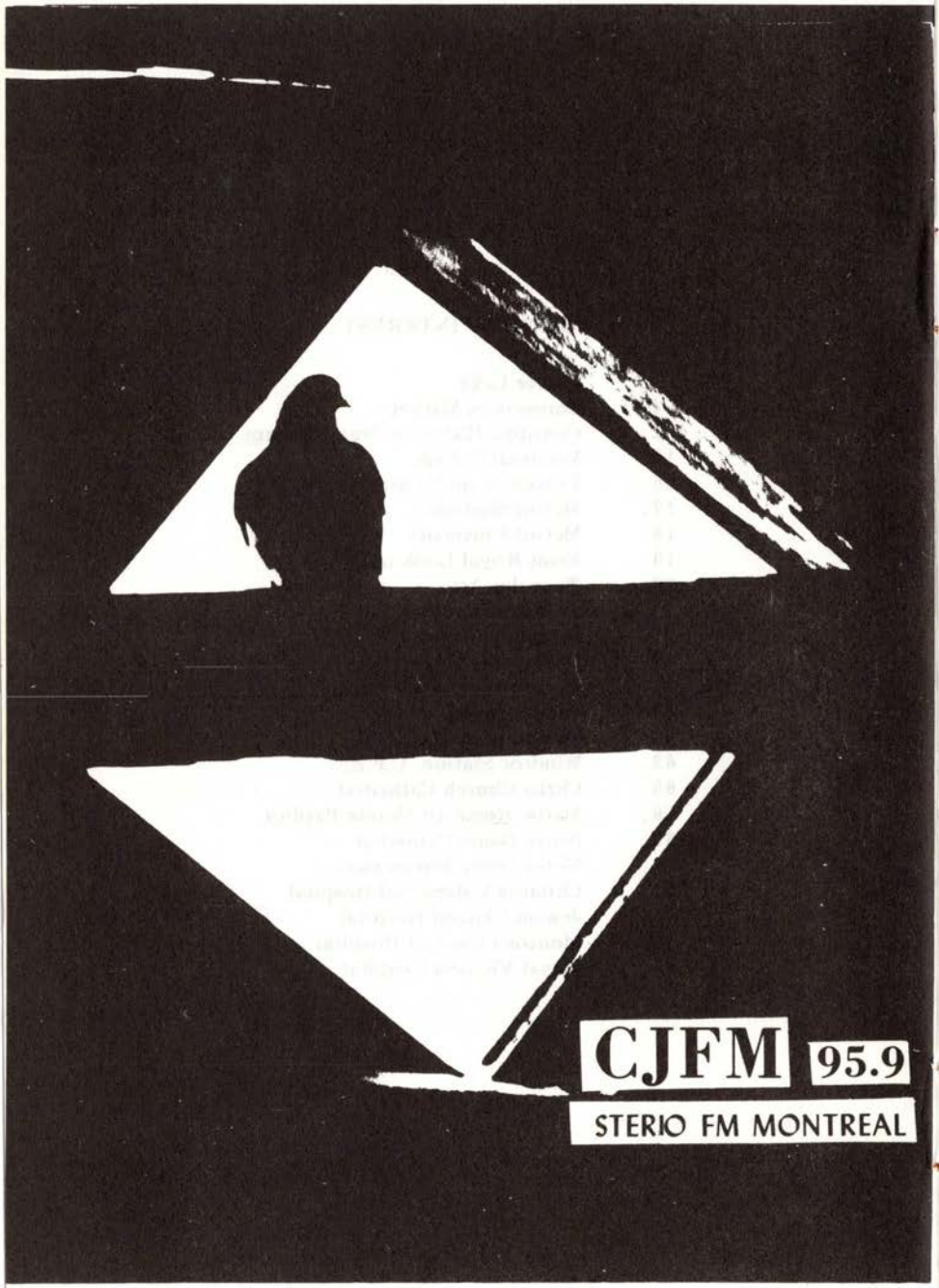

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Media

FM RADIO STATIONS:

CBM 95.1 *(845-8144) The English FM arm of the Canadian Broadcasting Corporation. Classical opera, jazz, theatre, poetry and interviews in a block format.*

CHOM 97.7 *(935-2425) Progressive rock, country and jazz; announcers 24 hours. Community bulletin board gives job offers, rides to other cities, etc. morning, noon, evening, night.*

CJFM 95.9 *(844-0111) Soft rock, country and folk in a rolling format. Jazz featured nightly from midnight to 6 AM Mark Stafford, Mon - Fri; Len Dobbin, Sat and Sun. Community bulletin board reviews upcoming jazz events and community information nightly at 12.30*

CKVL 96.9 *(766-2311) Olden' golden goodies. Jazz and classical after 11 PM until 6 AM*

Aid through Media — a comprehensive listing of Montréal's social services agencies and aid outlets are available from:

Independent Community Media Services:
1602 Boul St-Laurent (844-2664 and 844-2665)

BLACK VOICE: *5757 Decelles, suite 8 (737-6041) 25c per copy*

RADIO CENTREVILLE: *3855 St-Laurent (843-6041) Cable radio with the people's voice -- broadcasting in 5 languages.*

LOGOS: *3534 Park Ave (284-3132) Mailing address: P.O.Box 455 Montréal 215 Montréal's underground newspaper*

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UP TO THE NECK: *3553 St-Urbain (842-8836 local 33) A poor-peoples' non-profit paper; by subscription...try it, it's good!*

RADIO MCGILL: *(392-8931) Will train people in radio.*

LE TIERS: *P.O.Box 148 Vanier, Chateauguay Qué Gay publication.*

MONTREAL HEALTH PRESS: *Birth Control Handbook and V-D Handbook available from P.O.Box 1000, Station G, Montréal 130. Individual copies are free; include 25c for postage.*

MAIN MISE: *1589 St-Denis (843-4792) Québec's underground humour—consciousness raising—music—photos—cartoon magazine.*

OVO PHOTO: *1430 St-Denis (288-0533) Québec's photo journal; bi-monthly. Submissions encouraged.*

VIDEOGRAPHE: *1604 St-Denis (842-9786) Videotape equipment for viewing and production. Submit a project and if accepted, you will be given instruction and production facilities.*

BEAUX ARTS: *3625 Boul.St-Laurent (288-6327) A journal of the visual arts in Montréal. Available from newsdealers and above address.*

LAST POST: *4233 l'Esplanade. Socio-political issues. 50c at news-stands.*

QUEBECHECS: *4444 St-Denis. French chess magazine. 75c*

OUR GENERATION: *3934 St-Urbain (844-4016) Socio-political issues. Seasonal $1.50*

TAKE ONE: *Unicorn Publications P.O.Box 1778, Station B, Montréal 110. Canada's film magazine.*

93 PUBLISHING: *2040 Mackay Street (933-8774)*

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HOT NUTS: *Canada's Rock 'N' Roll magazine. Free at most record stores, universities, high schools and youth clinics.*

BIRTH CONTROL HANDBOOK and
V-D HANDBOOK: *available free in english or french at most clinics*

INFORMATION CANADA: *at the corner of Ste-Catherine West and University (next to Burke's). Large assortment of books and pamphlets - some free, e.g. "A Pollution Primer" and "The Environment Needs You"*

Museums

CHATEAU DE RAMEZAY: *290 rue Notre Dame East (861-3708) Opposite City Hall. Hours: 10 AM - 5 PM, Tues to Sat.; 2 PM - 5 PM, Sun. Admission: adults—50c, children—10c This museum contains paintings, coin collections, furniture and other memorablia from Montréal's past.*

MUSEE HISTORIQUE CANADIEN: *3715 Queen Mary Road (738-5959) Hours: 9 AM - 5 PM weekly*
Admission: adults — $1.75
children — 85c
Trans: bus 62 from Phillips Square. This is a wax museum depicting Québec history and the first floor is a reconstruction of the Roman catacombs.

LE MUSEE d'ART CONTEMPORAIN: *Cité du Havre. (873-2878) Hours: 10 AM - 6 PM daily; closed Mon. Trans: bus 12 from Phillips Square*

MONTREAL MUSEUM OF FINE ART: *Closed for a two-year renovation programme. The collections are housed at:*
Man and His World
Calvet House, Old Montréal
St-Joseph's Oratory
Musée d'Art Contemporain

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DOW PLANETARIUM: *1000 St-James St (872-2815)*
Admission: adults — $1.00, children — 40c
Trans: bus 64, Peel - Windsor

MC CORD MUSEUM: *690 Sherbrooke West (392-4778)*
Opposite McGill campus. Hours: 11 AM - 6 PM, Fri to Sun. Free admission. This museum exhibits Canadian history and ethnology, paintings, costumes, decorative and popular art. It is rated as one of the finest of its kind in North America and Western Europe.

MONTREAL MILITARY MUSEUM: *Ile Ste-Hélene (872-2420)*
Hours: Open summers only from May through September. Trans: bus 169 from Papineau metro or from Ste-Hélene metro, walk across the park to the old fort. Costume drills are held in the summer. Admission: 25c.

BANK OF MONTREAL MUSEUM: *129 St-James West (877-7110)*
Hours: 10 AM - 4 PM, Mon to Fri. Nostalgia, maps, currency, photographs.

CAUGHNAWAGA MUSEUM: *(637-2391) Daily 9 AM - 5 PM*
Indian documents and artifacts on view at the Kateri Tekakwita Museum at the Caughnawaga Reservation.

News Stands

MONTREAL NEWS: *1248 Peel St. Open till midnight. This newsstand has a daily supply of papers from different centres around the world.*

CITY NEWS: *1243 Ste-Catherine West (288-8482) This shop has a variety of pocket books, cigars and pornography magazine. Open till 10 PM weeknights and 6 PM weekends.*

INTERNATIONAL NEWS: *2187 Ste-Catherine West (937-0474)*
Newspapers from all world capitals and a large supply of paperback and hardcover books and magazines.

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Nuts

UNITED DELICATESSEN: *1077 St-Laurent (861-4447)*
Twenty-four varieties of nuts. Restaurant open 24 hours.

REX NUT SHOP: *2167 Ste-Catherine West (933-0412)*
Also sells homemade nut butters.

Parks & Zoos

Montréal Park Information: 873-2969

DOMINION SQUARE: *This park is located near the intersection of the two busiest streets in Montréal. In summer there are frequent concerts and open air art displays. It is also the starting point for most of Montréal's sightseeing and calache tours.*

CARRE ST-LOUIS: *This is a tiny park located in Montréal's 'Village'. Complete with characteristic winding wrought-iron staircases and old Québec architecture, this park usually hosts a good number of freaks and park-bench old timers. Located at St-Denis and Prince Arthur, it is also the gathering place for many of Montréal's demonstrations.*

MONTREAL AQUARIUM & DOLPHIN POOL: *Ile Ste-Hélene (872-4656) Trans: bus 169 at Papineau metro in summer, bus 70 in winter. Admission: adults – $1.50, children – 50c. Telephone for hours.*

PLACE JACQUES CARTIER: *This cobbled square is set across from the fountains of the city hall buildings in Old Montréal. There are many clubs and shops of all varieties in the vicinity. It is located between Notre-Dame East and rue de la Commune. Trans: metro to Champ-de-Mars or bus 55 south from St-Urbain.*

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PARC LA FONTAINE: *This good-sized park contains two small lakes, a children's Garden of Wonders (872-2815), park concerts and recreational facilities. There is canoe-ing on the lakes. Located at Sherbrooke East and rue Parc LaFontaine. Trans: bus 24, Sherbrooke east.*

PARC ILE STE-HELENE: *This is a beautiful island park surrounded by the St-Lawrence River and Man and His World. It has facilities for picnics and swimming. The Montréal Military Museum, two old forts and a watertower can be visited there. Trans: metro to Ile Ste-Helene.*

PARC MONT ROYAL: *Situated at the top of good old volcanic Mont Royal, this park of 5,000 acres of woods and rolling grassy fields floats 763 feet above the city. There are picnic facilities, a sculpture garden, a lake and loads of room just to freak in. The cheapest way to scale the mountain is to climb it. There are steps at the foot of Peel and Ontario Streets at Pine Ave and a small gravel road which starts behind the Cartier monument on Park Ave and the east slope of the mountain is the most natural, if you're up to it and want to climb cliffs. Trans: walk up Peel St or take bus 11 from Mount Royal metro or Côte des Neiges bus.*

SUMMIT PARK: *Bird, flower and bee sanctuary. In getting there you take the Park exit on Côte des Neiges and make a 180° turn; then take the first right (Belvedere) up to Summit Circle and park at the look-out.*

BOTANICAL GARDENS at PARC MAISONNEUVE: *4101 Sherbrooke East. This is one of the world's top three botanical gardens with 192 acres of rolling parkland and specialised greenhouses. It is open from 9 AM to sunset all year round. Trans: bus 24 on Sherbrooke east or bus 185 from Frontenac metro.*

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ANGRIGNON PARK: *This is a large natural park in the south-west of the city with fishing, picnic and boating facilities. It has two lakes, each over a mile in length. There is a children's zoo open in winter from noon to 5 PM, Sat and Sun. Admission: adults – 50c; children – 25c Trans: bus 78 from Atwater metro*

ZOO – PARC SAFARI AFRICAIN: *Hemmingford, Québec. Take route 4 south on Mercier bridge. Admission: adults – $2.75; children – ages 4-14 – $1.75 Prices are cheaper if one uses Park transportation.*

Pawn Shops

Most of Montréal's pawn shops are located on Craig St on the north side of the first block west of St-Laurent.

Printing

VEHICULE PRESS: *61 Ste-Catherine West (844-7278)*

SETTLEMENT HOUSE: *3553 St-Urbain (844-3445)*

IMPRIMERIE GINETTE NAULT: *980 St-Paul West suite 4109 (861-2084)*

ATELIER CO-OP: *436 St-François Xavier (845-7657)*

LA COOPERATIVE OUVRIERE DE PRODUCTIONS LES ATELIERS DE MONTREAL: *980 St-Paul West (861-2084) suite 4109*

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Rap-in Centres

TEL-AIDE: *Twenty-four hours (935-1101)*

PEOPLE CENTRE: *845-2111 and 861-7459*

ST-LOUIS JUNCTION: *Twenty-four hours (844-2648)*

WOMEN'S INFORMATION & REFERRAL CENTRE:
3595 St-Urbain (842-4781)

Record Shops

INTERNATIONAL MUSIC STORE: *1334 Ste-Catherine West (878-4485) Very good for classical records and sheet music.*

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Phantasmagoria
Montreal's definitive Record Shop
the finest selection of
contemporary and classical music
at the lowest discount prices
in a relaxed
'country-comfort' enviroment
for your listening pleasure
3416 Park Avenue · 845-4445
at Sherbrooke Street · Free Parking Next Door

PHANTASMAGORIA: *On Park Avenue just north of Sherbrooke W. (845-4445) Record shop with sofas and rocking chairs for your listening pleasure.*

CHEAP THRILLS: *1433 Bishop St (844-7604) Hours: 11 AM - 6 PM daily; till 9 PM, Thurs & Fri. Buys and sells used records and books.*

RECORD CENTRE: *2020 Crescent (845-3541) Record lending library. $10.00 membership fee.*

SHERMAN'S: *Alexis Nihon Plaza (933-2759)*

NICKELODEON RECORDS: *1415 Drummond (288-7200)*

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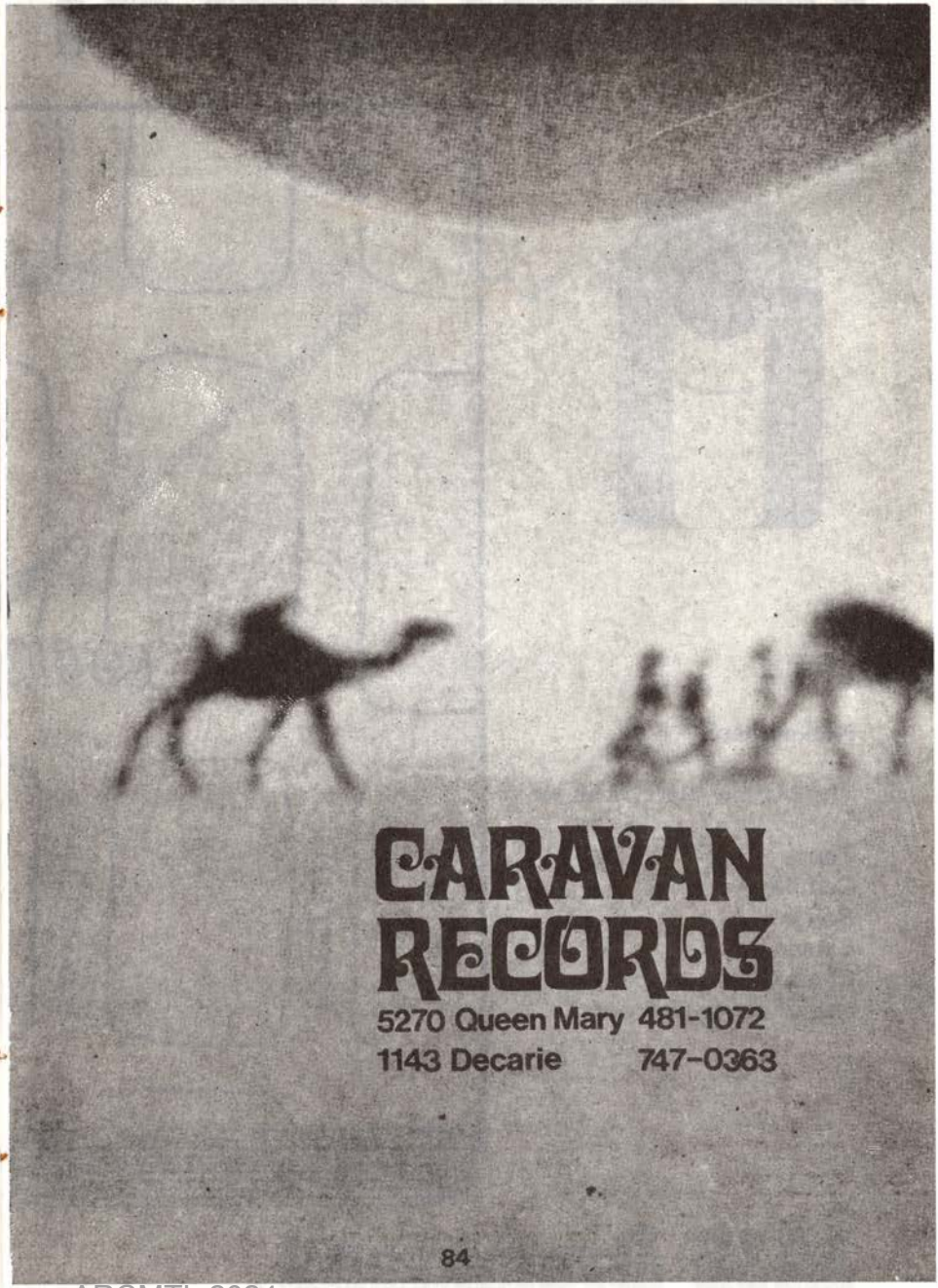
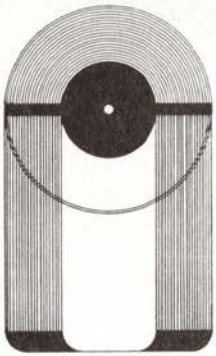
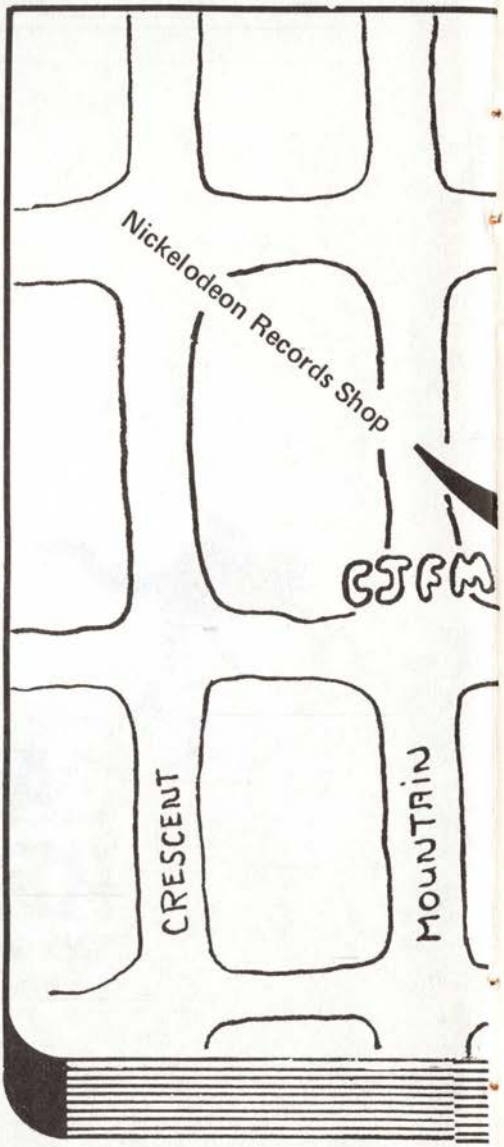

CARAVAN
RECORDS
5270 Queen Mary 481-1072
1143 Decarie 747-0363

ARCMTL 2024

NICKELODEON





Nickelodeon

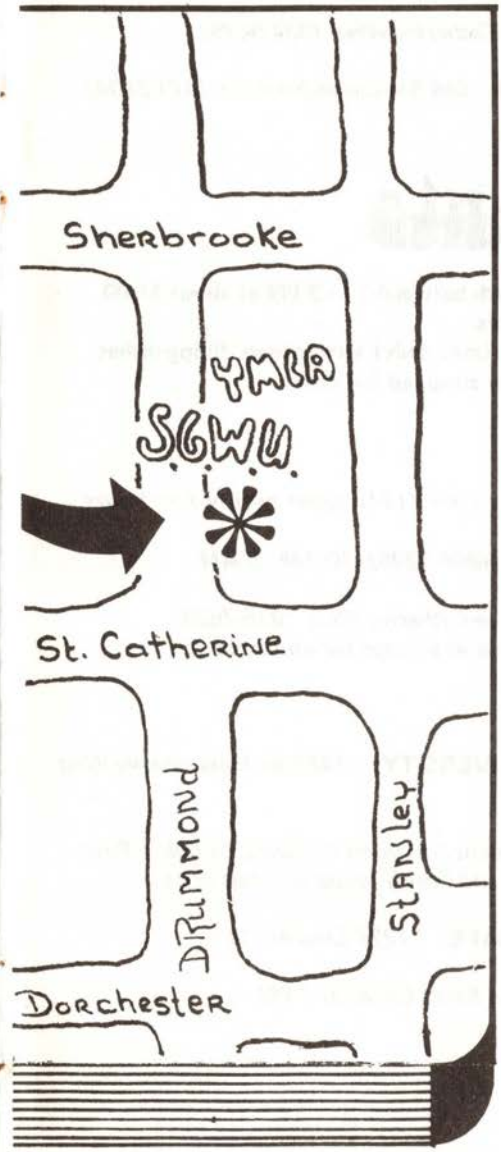
The Mellow-Mart of Music –

Tapes –
Candles –
Bongs –
Lamps –
Chess Games –
and of course Records

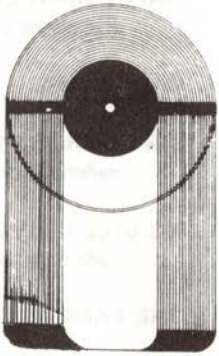
1415 Drummond.

ARCHIVE 2024

RECORDS



on the corner of St. Catherine



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ARCMTL 2024

L'ALTERNATIF: *1587 St-Denis. 11 AM - 6 PM, daily; 11 AM - 5 PM, Sat. An interesting shop where music listening is combined with a comfortable environment.*

A & A RECORDS: *1621 Ste-Catherine West (937-9579)*

LABYRINTH RECORD SHOP: *486 Ste-Catherine West (871-9704)*

Restaurants

Most have a businessman's lunch between 12 - 3 PM at about $1.00 cheaper than their regular prices.
Brasseries (mixed) and taverns (men only) serve cheap, filling dishes.
Check 'freebies' if you're really strapped for cash

ALPINE

MUZ MUZ: *1191 Mackay St (868-1134) Open twenty-four hours*

OLD VIENNA: *1250 Bleury (866-9236) 10 AM - 5 AM*

HAPPY WANDERER: *1923 Ste-Catherine West (935-7628) Excellent inexpensive food in a congenial atmosphere*

CANADIAN

SIR GEORGE WILLIAMS UNIVERSITY: *1455 de Maisonneuve West cafeteria on 7th floor*

MC GILL UNIVERSITY: *Student Union on McTavish St below Pine cafeteria with Canadian and health foods at cheap prices*

THE FAMOUS CANADIAN CAFE: *1227 Crescent St*

DAUDELIN: *358 Notre Dame East. Closes at 7 PM*

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CHINESE

There is avarietyof Chinese restaurants on Clark and La Gauchetière West Streets in the Chinese district.

YAKI NIKU: *3431 St-Denis*

LUNG FUNG: *81 La Gauchetière West (866-2101)*

SUN SUN: *1023 Clark St*

DELICATESSAN

BEN'S: *990 de Maisonneuve West (844-1001) Montréal's famous garishly-lit all-night eatery.*

SCHWARTZ'S: *3895 St-Lawrence (842-4813)*

EL CHEAPO

WELCOME CAFE: *corner of Clark & La Gauchetière (861-3155) A plate of rice with gravy is 35c. Open till 5 AM*

YELLOW DOOR: *3625 Aylmer (392-4947) Between 12 - 2 PM: hot plate 35c - 55c with dessert and milk.*

SALVATION ARMY: *1620 Notre Dame West (932-2214) lunch or supper - 75c*

COCK 'N' BULL PUB: *1946 Ste-Catherine West (933-4556) A filling 'hard-times' supper – all you can eat 50c, however you must buy a beer. Served from 5.30 – 8 PM, Mon to Thurs. 8 PM – midnight, Mon - Wed: fish 'n' chips for 25c*

CHRIST CHURCH CATHEDRAL: *northeast corner of University and Ste-Catherine West (288-4448) Lunch: 75c*

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BAZAAR: *461 St-Sulpice. 99c lunch or dinner consisting of stews and sandwiches.*

MARINER HOUSE: *165 Place d'Youville (849-3234) 6.30 AM - 8.30 PM complete breakfast - 75c; daily special $1.24 with soup and dessert.*

FRENCH

L'ESCALE: *410 Duluth East (842-2824)*

LA PETITE COQUILLE: *110 St-Paul West (844-4575) Seafood*

LA CROUTE: *191 St-Paul West (843-7444) Crusty sandwiches, pastries and coffee.*

LUXEMBOURG: *58 Dorchester West (861-7122)*

ST-MALO: *St-Denis above de Maisonneuve East (845-6327) Crépes for $1.25, excellent onion soup.*

LE PARIS: *1812 Ste- Catherine West (937-4898) Superb value french cuisine — $8.00 / couple, complete dinner.*

GREEK

NEW BYZANTION: *3635 St-Lawrence (845-5092) Open till 3 AM... try the souflaki with yougourt.*

HEALTH FOOD check index

HUNGARIAN

ROSE MARIE: *2054 Stanley (842-5583) Closes 8.30 PM*

COFFEE MILL: *2046 Mountain St (288-3546)*

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DOMINO: *1429 Mackay St (844-0048) $1.24 – $1.50*

ROYAL COFFEE HOUSE: *201 St-Paul West (845-1554) Cheapest, most satisying restaurant in Old Montréal.*

CARMEN: *2063 Stanley (288-8424) $1.65 – $2.75 The oldest Hungarian restaurant in Montréal and still best.*

INDIAN

BANGLADESH: *2075 Bishop (844-5503) $2.75 – $4.75, large servings*

PAKISTANI: *2149 Mackay St (844-4005) $1.25 specials*

CURRY HOUSE: *1978 de Maisonneuve West, near Fort (932-0241)*

LATIN AMERICAN

EL BARRIO LATINO: *2077 St-Denis (844-8920)*

POLISH

MAZURKA: *64 Prince Arthur East (849-0082) $1.00 – $1.50*

SOUL FOOD

RUNAWAY SLAVE: *2140 Bishop St $1.24 special*

HARLEM RESTAURANT: *On Mountain St below St-Antoine, around the corner from Rockhead's Paradise. Menu combines soul food with Canadian and Chinese dishes!*

SPANISH

LA BODEGA: *2456 Park Ave (849-2030) $2.50 – $3.75...try the paella.*

EL GITANO: *3507 Park Ave (843-8212) $2.00 – $3.00*

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Restaurant *DELIVERY*

PINES: *3734 Park Ave (849-8430) Pizzas, subs, etc*

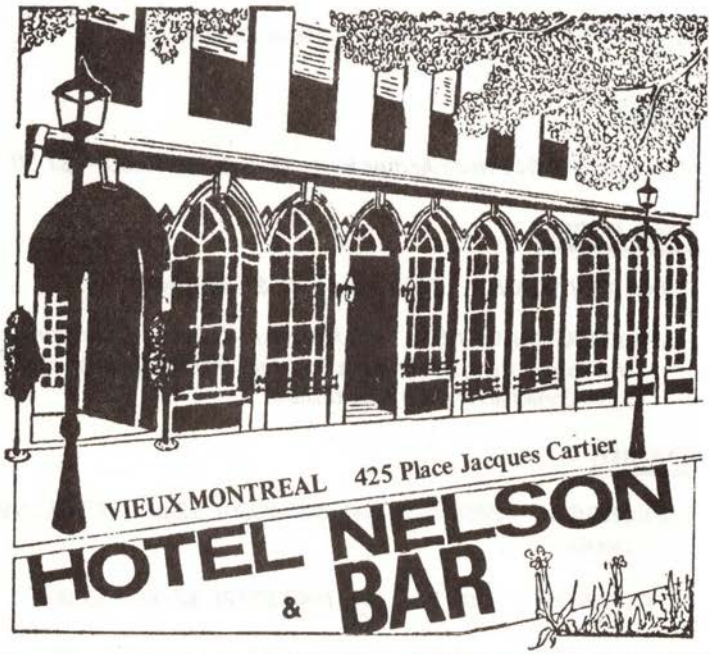
KING PIZZA: *N.D.G. area: 486-7307; centre ville: 932-2995*

GREEN GARDEN: *223 Ste-Catherine (288-9802 and 288-0847) Open 24 hours for Chinese and Canadian food*

CHALET BAR-B-Q: *1631 Ste-Catherine West (935-4513 and 935-4338)*

ST-HUBERT BAR-B-Q: *273-5131*

MIKE'S SUBMARINE: *Ste-Catherine West: 931-5831*



Rates: $5 nightly single, $8 double 861-5731

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Rooming Houses

A & A TOURIST ROOMS: *2050 McGill College St (849-0113) $5.00 / nightly, $15.00 / weekly*

THE INN: *1070 Mackay St (878-9393) Single $10.00 / night, $30.00 / week. Double $15.00 / night, $38.00 / week.*

CHATEAU ST-LOUIS: *3474 St-Denis (842-4301) $5.00 nightly*

VISOSONIE: *282 Ste-Catherine West (866-3246)*

USTON ROOMS: *1395 rue Parc LaFontaine (522-0402) $13.00 /week*

BEAVER HALL: *610 La Gauchetière West (866-5079) $2.50 – $3.50 / day, $10.00 / week*

THE NEST: *1271 Dorchester West (866-0344) $4.00 / day*

MC GILL RESIDENCE: *3935 University (392-4222) Lower prices for students*

BARETTE: *3668 Dorchester (352-1497) $10.00 / week*

GOVART: *65 Sherbrooke East (527-6506) $12.00 / week*

LEMENN: *1663 St-Denis (849-2726) $8.00 / night*

LURIEU: *3429 Hutchison (274-3825) $10.00 / week*

PELOQUIN MARC: *3556 Aylmer (842-0741) $7.00 / night, $20.00 / week*

IROQUOIS HOTEL: *454 Place Jacques Cartier (866-4605) $5.00 single / night, $8.00 double / night*

HOTEL NELSON: *425 Place Jacques Cartier (861-5731) $5.00 single / night, $8.00 double / night*

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Sex Shop

THE GARDEN: *1455 Crescent (845-6201)*

Social Aids

BETTER BUSINESS BUREAU: *1155 Dorchester West (861-9281)*

CONSUMER'S ASSOCIATION OF CANADA: *45 Jarry East (388-2709) Complaint office 10 AM - 4 PM*

ST-LOUIS JUNCTION: *3955 Boul. St-Laurent (844-2648) Aid on civil liberties, divorce, welfare, leases, government bureaucracy, cockroaches, censoeship, child custody, discrimination and illegal arrest.*

ACRES: *844-3491 Consumer protection*

TENANTS' ASSOCIATION: *(849-3211) Gives free advice on tenants' rights, but does not cover court costs, if any.*

TENANT'S UNION: *3553 St-Urbain (842-8836 local 25) Room 301. Welfare and low income aid; food co-op; day-care cantre; clinic; art workshop; clothing depot and immigration service.*

FAMILY COUNSELLING SERVICE: *931-3177*

FAMILY PLANNING ASSOCIATION OF MONTREAL: *2185 Bishop (933-8347)*

RENT CONTROL BOARD: *1 Notre Dame East, 11th floor (873-2190)*

REFERRANCE CENTRE OF GREATER MONTREAL: *759 Victoria Square (842-9751)*

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GREATER MONTREAL ANTI-POVERTY COORDINATING COMMITTEE: *790 Atwater (937-9556)*

WELFARE & LOW INCOME CITIZENS GROUP: *3935 Coloniale (844-2801)*

NATIONAL BLACK COALITION RESEARCH INSTITUTE: *1610 Sherbrooke West room 12A (931-2579)*

BLACK COMMUNITY PROJECT: *5757 Decelles suite 17 (737-1118)*

Spiritual Community

MIND DEVELOPMENT: *1184 St-Matthew (937-3442)*

HARE KRISHNA TEMPLE: *3720 Park Ave (849-4319)*

NEO-AMERICAN CHURCH of VERMONT: *Station Road, South Hero, Vermont 05486. North American Headquarters. They claim the right to use mind-altering substances in devotional services.*

CHILDREN OF GOD: *"The Ark" 5462 Sherbroke West (488-6111)*

GREAT HEART BUDDHIST MONASTERY: *3664 Mountain St (844-9429)*

INTERNATIONAL TRANSCENDENTAL MEDITATION SOCIETY: *3666 Lorne Crescent (285-1298)*

CENTRE MONCHANIN: *4917 St-Urbain (288-7229)*

SIVANANDA YOGA VEDANTA CENTRE: *5178 St-Lawrence (279-3545)*

SIVANANDA ASHRAM YOGA CAMP: *8th Avenue, Val Morin, Qué. (1 - 861-6002)*

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JESUS PEOPLES' CENTRE: *1235 Closse (935-9656)*

BAHA'I FAITH: *3553 St-Urbain (847-8836)*

BAHA'I SHRINE: *1548 Pine West (933-9436)*

Street Sleeping

If you want to or have to brave the elements overnight, try the lawns surrounding St. Patrick's Church at Dorchester West and Beaver Hall or the back of St. James Church at St-Alexandre and Ste-Catherine.

For a spacious, private monastery lawn to crash on, enter the second gate in the great, grey wall between St-Matthew and Atwater on the north side of Sherbrooke West, turn left and voila!

...a wilderness!

Swimming Pools

ST-DENIS: *7075 St-Hubert (872-4651) Indoor pool.*

ST-LOUIS: *225 Ontario St East (872-2588) Indoor pool.*

For the above: MEN'S NIGHTS – *Tues., Thurs., Sat.*
WOMEN'S NIGHTS – *Mon., Wed., Fri.*

ST-HELENE'S ISLAND: *(872-2392) Three pools - mixed*

For information on the 17 outdoor municipal swimming pools, telephone: 872-2556

Also check under Camping Grounds

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Taxis

DIAMOND: *842-3221*

VETERAN'S: *866-4551*

LA SALLE: *861-2552*

WESTMOUNT: *935-2468*

MONTREAL WEST: *484-8018*

Theatres

LE THEATRE DU RIDEAU VERT: *4664 St-Denis (844-1793)*

THEATRE DE QUAT'SOUS: *100 Ave des Pins Est (845-7277)*

THEATRE DU NOUVEAU-MONDE: *84 Ste-Catherine West*

EXPO THEATRE: *Cité du Havre (489-8641)*

LA POUDRIERE: *Ile Ste-Hélene (526-0821)*
Trans: bus 169 from Papineau metro, in winter bus 70

CENTAUR THEATRE: *453 St-François Xavier St (288-6315)*
Trans: Place d'Armes metro.

SAIDYE BRONFMAN CENTRE: *5170 Côte Ste-Catherine Road (739-2301)*

PLACE DES ARTS: *175 Ste-Catherine West (842-2112)*
This is Montréal's crystal ball cultural centre which consists of three theatres – Port Royal, Theatre Maisonneuve and Salle Willfrid Pelletier.

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REVUE THEATRE: *1858 de Maisonneuve West (937-2733)*
Trans: near Guy metro, St-Mathieu exit

CHILDREN'S THEATRE

LA JEUNESSE DU RIDEAU VERT: *4664 St-Denis (844-1793)*

YOUTHEATRE: *4175 Ste-Catherine West (932-3031) Free admission. Closed May – September.*

THE CHILDREN'S THEATRE: *4626 Sherbrooke West (484-6620)*

PUPPET THEATRE: *Ste-Hélene's Island (526-0821) French and English on alternate days.*

Thrift Shops

LES GLANEUSES: *3937 rue Adam (524-3729)*
Hours: Tues. & Thurs. – 2 PM - 4 PM; 7 PM - 9 PM
Wed. & Fri. – 2 PM - 4 PM
Trans: bus 125 or 126 from Frontenac metro to Boul. Pie-IX.
Les Glaneuses on Adam has two buildings, one devoted to clothing and accessories and one devoted to furniture and accessories. Anything one may desire can usually be bought here at extremely reasonable prices (better value than at the Salvation Army). Thursday afternoon is the best day.

SALVATION ARMY: *1620 rue Notre Dame West (932-2214 or 935-7425) Hours: 9 AM - 4.30 PM, Mon. – Sat.*
9 AM - 9 PM, Thurs.
Trans: bus 79 from Guy metro to rue Notre Dame
The Army has a good variety of clothes and furniture.

UNIVERSITY SETTLEMENT: *3553 St-Urbain (847-8836)*
If you're really in need of clothes you can get them for free here or leave a donation.

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BOUTIQUE ST-LOUIS DE FRANCE: *3607 St-Dominique (844-4272) Hours: 1 PM - 9 PM, Thurs. & Fri. Used clothing.*

NEARLY NEW SHOP: *1209 Boul. de Maisonneuve West (849-7245) Furniture and pot-pourri. Closed during summer months.*

PANDORA'S BOX: *5906 Sherbrooke West (489-5585) Women's and children's used clothing.*

Transportation

CITY BUSES AND METRO: *The bus and metro fare is 35c in cash or three tickets for 90c. Transfers can be obtained from metro ticket agents or bus drivers . They are used within the city limits and one may go from bus to metro to bus to metro etc. within a two-hour time limit. The information service is very helpful for getting to completely unheard of places: 877-6260.*

BUS TERMINAL: *505 de Maisonneuve East (842-2281)*

RAILWAY STATIONS

CENTRAL STATION: *C.N.R. trains — the corner of La Gauchetière West and Mansfield (877-6550)*

WINDSOR STATION: *C.P.R. trains — the corner of Peel and LaGauchetière West (931-6271)*

DRIVE-AWAY SERVICES

RELIABLE DRIVE-AWAY: *6660 Decarie Blvd. (731-3485)*

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MONTREAL DRIVE-AWAY: *4018 Ste-Catherine West (937-2816) This is a car delivery service, where if one is 23 years old and over and has a driver's license, one may drive a purchased car to a particular destination. This obviously saves one's hitching thumb from over-exertion.*

MONTREAL INTERNATIONAL AIRPORT: *Murray Hill Bus Service to the airport leaves from the Sheraton Mount Royal Hotel, Queen Elizabeth Hotel, Chateau Champlain and Hotel Bonaventure every 15 minutes : $2.00*

AIR CANADA: *931-4411*

AMERICA FOR A DIME: *843-8351*

COMMUNITY SERVICES: *CHOM-fm 97.7 (935-2425) If you have a ride to offer or if you need a ride somewhere.*

Travellers' Aids

TRAVELLERS' AID & GENERAL INFORMATION: *If you need information about Montréal, contact the following services:*

MONTREAL TOURIST BUREAU: *Dominion Square (872-3561) If you're going to be in Montréal for awhile, this is a good place to go. Free literature on Montréal and its upcoming events (Place des Arts, etc.) are available here.*

QUEBEC TOURIST BUREAU: *2 Place Ville Marie, Esso Bldg. (873-2416)*

INFORMATION CANADA: *(283-7877)*

INFORMATION & REFERRAL CENTRE: *759 Victoria Square no. 54 (842-9751)*

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TRANSIENT REFERRAL SERVICE: *1443 University St (845-5011)*

ST-LOUIS JUNCTION: *3955 St-Lawrence (844-2648)*

ROAD CONDITIONS: *(873-4121)*

WEATHER CONDITIONS: *(636-3302)*

TIME: *CJAD-am (844-0111)*

GENERAL DELIVERY: *Main Post Office on the corner of Peel and St-Jacques (283-2564) If you have no mailing address in Montréal, use general delivery. If you move to another town or city in Canada or the U.S., ask the post office to transfer your mail. By doing this you can have mail anywhere you travel.*

MONTREAL POLICE: *(872-1313)*

MONTREAL FIRE DEPARTMENT: *(872-1212)*

MAN AND HIS WORLD - INFORMATION: *(872-6222)*

TELEGRAMMES & CABLES: *12 La Gauchetière West (861-4211)*

24-Hour services

PHARMACY

MONTREAL PHARMACY: *916 Ste-Catherine East (845-7251) delivery on items over $1.50*

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RAP-SERVICE

TELE-AIDE: *(935-1101)*

ST-LOUIS JUNCTION: *(844-2648)*

RESTAURANTS

PINES: *3734 Park Avenue (849-8430)*

BRITON: *1606 Ste-Catherine West (932-1652) Cheapest on Ste-Catherine with colourful all-night clientele.*

MUZ MUZ: *1191 Mckay St (868-1134)*

LA FONTAINE DE JOHANNIE: *3666 St-Denis (845-6376)*

POST OFFICE

CHINA TOWN BRANCH: *85 La Gauchetière West Open Sundays*

LAUNDROMAT

GOOD 'N' FAST: *362 Milton Open Sundays*

COIN WASH: *2165 Ste-Catherine West Open till 10 PM every day.*

Universities

UNIVERSITE DE MONTREAL: *rue Edouard Monpetit & Louis Colin. (343-6111).*

McGILL UNIVERSITY: *805 Sherbrooke St. West (392-4311) 392-8926 - Box Office.*

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SIR GEORGE WILLIMAS UNIVERSITY: *One building on Drummond Street and another on the corner of Bishop and de Maisonneuve West (879-5995).*

UNIVERSITE DU QUEBEC: *Rue Bleury and St.-Catherine street (876-5500).*

LOYOLA COLLEGE : *7141 Sherbrooke St. West (482-0320).*

COLLEGE DU VIEUX MONTREAL: *Sherbrooke St. West and Jeanne Mance (842-7161).*

DAWSON COLLEGE: *350 Selby St. (Campus 1) (931-4211). 535 Viger St. (Campus 2) (849-2351).*

THE NEW SCHOOL OF MONTREAL : *(931-5971).*

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6260 DECARIE BLVD., - MONTREAL 252 - 735-2255
183C HYMUS BLVD. - POINTE CLAIRE - 697-7551

BMW

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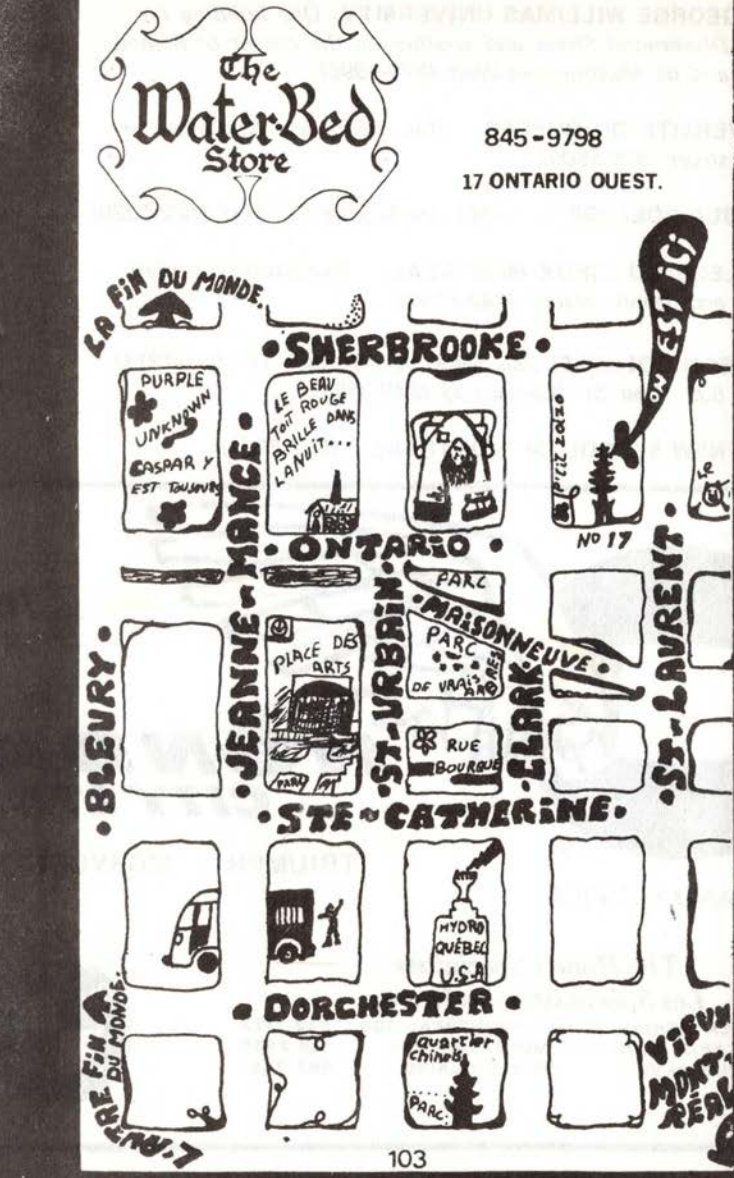
The Water-Bed Store
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Waterbed *SHOPS*

AQUARIUS ENVIRONMENTAL PRODUCTS LTD.
1465 Crescent Street (844-3580).

THE WATERBED STORE: *17 Ontario West (845-9798). Beds, frames, installations and take-downs.*

AQUA-TECH: *486 St. Catherine St. West (861-5361).*

CRAZY EDDIES: *2022 Peel Street (844-4121).*

DECOR PLUS: *1203 Rue Crescent (871-8008).*

Waterbed *SERVICES*

TIDE MANUFACTURING: *(935-1935) Bean-bag chairs, snake couches, covers for waterbeds, bean-bag repairs. installation, dismantling*

ZODIAC ENTERPRISES: *Complete waterbed services: installations and take-downs. (488-1380).*

Wine & Beer *MAKING*

WINE CELLAR: *1197 Makay St. This shop has all that it takes for making wine and beer.*

Womens Aids

ANO-SEP: *1207 St-André, room 314 (845-7533 or 845-7637) Group therapy for divorced or separated women.*

WOMEN'S COUNSELLING SERVICE: *3764 St-Lawrence (845-7146)*

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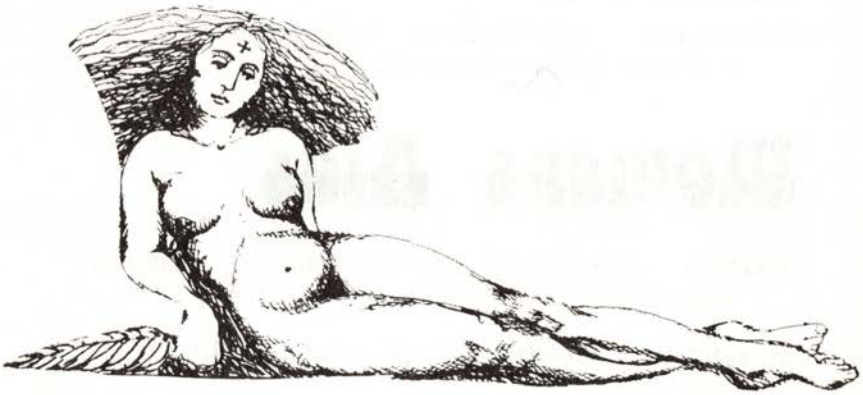
WOMEN'S INFORMATION & REFERRAL SERVICE:
3595 St-Urbain (842-4781) Legal, medical, welfare, immigration and associated problems.

CENTRE MOBILE d'INFORMATION POUR LA FEMME:
3960 St-Denis (843-4497)

LIBERATION DES FEMMES: *(288-4325)*

MONTREAL DIET DISPENSARY: *2182 Lincoln (937-5375)*
Advice and food supplements, especially for pregnant women.

WOMEN'S INFORMATION SERVICE: *YMCA, 1355 Dorchester Blvd. West (866-9941 local 44) Counselling in vocational retraining, residence, V-D and abortion information. 9 AM - 5 PM for business office; courses in the evenings.*



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FRIENDS

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